

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 119 Women 100 Meter Dash Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 3 Prelims

1	109 Naomi Brown	Abbotsford C	13.68
2	1357 Kaiya Hamada	R.A. McMath	13.63
3	969 Taylor Kleinschmidt	Lord Tweedsm	13.47
4	940 Loren Eisses	Lord Byng	13.14
5	555 Teja Wilson	Klo Middle	13.31
6	297 Robin Rohu	Burnaby Cent	13.54
7	1589 Ella Arnold	South Delta	13.76
8	1510 Jade Spragge-Putman	Semiahmoo Se	13.79

Heat 2 of 3 Prelims

1	976 Erin Phillips	Lord Tweedsm	13.72
2	565 Sophia Schulze	Elgin Park S	13.57
3	1579 Gabby Lindsay	Skaha Lake M	13.42
4	164 Isabella Dreger	Aberdeen Hal	12.10
5	450 Jordyn Reed	Crofton Hous	13.36
6	1963 Karlotta Toering	Westsyde Sec	13.55
7	302 Sienna Yee	Burnaby Cent	13.74
8	1380 Aislin Buchanan	Revelstoke	13.81

Heat 3 of 3 Prelims

1	943 Kathryn Irvine	Lord Byng	13.68
2	181 Jianna Silver	Alberni Dist	13.60
3	1789 Julia Van De Kamp	Unity Christ	13.45
4	1744 Kerlinda Chatwin	Surrey Chris	12.82
5	927 Bernice Ng	Little Flowe	13.36
6	648 Ema Bowie	GP Vanier	13.54
7	531 Gabrielle Blake	Klo Middle	13.74
8	570 Tanya Dhanoa	Enver Creek	13.81

Event 121 Women 200 Meter Dash Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 3 Prelims

1	984 Ana Erdrvicki	Magee	28.45
2	976 Erin Phillips	Lord Tweedsm	28.32
3	1589 Ella Arnold	South Delta	28.05
4	1579 Gabby Lindsay	Skaha Lake M	27.46
5	109 Naomi Brown	Abbotsford C	27.55
6	570 Tanya Dhanoa	Enver Creek	28.10
7	2007 Camila Ospino	Windsor - No	28.90
8	1419 Bronwen Young	Rockridge	28.95

Heat 2 of 3 Prelims

1	1850 Shayla Dool	Vedder Middl	28.46
2	1357 Kaiya Hamada	R.A. McMath	28.26
3	648 Ema Bowie	GP Vanier	27.84
4	223 Ella Finding	Banting Midd	26.99
5	565 Sophia Schulze	Elgin Park S	27.56
6	940 Loren Eisses	Lord Byng	28.21
7	531 Gabrielle Blake	Klo Middle	28.77
8	1585 Ava MacDougall	Smithers Sec	29.02

Heat 3 of 3 Prelims

1	1789 Julia Van De Kamp	Unity Christ	28.48
2	1389 Alexandra Luxmoore	Revelstoke	28.22
3	555 Teja Wilson	Klo Middle	27.74
4	1744 Kerlinda Chatwin	Surrey Chris	26.64
5	969 Taylor Kleinschmidt	Lord Tweedsm	27.69
6	233 Ella Descoteau	Brentwood Co	28.21
7	1510 Jade Spragge-Putman	Semiahmoo Se	28.63
8	1639 Sarah Austin	ST Thomas Mo	29.10

Event 123 Women 400 Meter Dash Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 3 Prelims

1	1857 Beth Butler	Vernon	1:05.70
2	264 Karlyle Cline	Brooks Secon	1:05.67
3	1095 Emma Lindsley	Mulgrave	1:04.55
4	1250 Leah Peters	Panorama Rid	1:01.51
5	1592 Gemma Dumas	South Delta	1:02.93
6	1529 Rio Trozduk	Sentinel	1:04.94
7	690 Madeleine Pollock	Handsworth	1:06.46
8	1284 Stephanie Arronge	Prince George	1:06.47

Heat 2 of 3 Prelims

1	976 Erin Phillips	Lord Tweedsm	1:05.83
2	1583 Bridie Hikisch	Smithers Sec	1:05.25
3	560 Rachel Woode	Ecole Salish	1:04.51
4	223 Ella Finding	Banting Midd	1:01.47
5	109 Naomi Brown	Abbotsford C	1:03.31
6	881 Stephanie Sinclair	Kitsilano	1:04.97
7	117 Alana Dejong	Abbotsford C	1:06.25
8	943 Kathryn Irvine	Lord Byng	1:06.63

Heat 3 of 3 Prelims

1	1382 Fia Cameron	Revelstoke	1:05.85
2	1600 Katrina Staley	South Delta	1:05.13
3	1735 Jenna Howarth	Steveston Lo	1:03.90
4	733 Claire Nichol	Holy Cross R	1:00.71
5	2048 Bailey Doerksen	Yorkson Cree	1:03.81
6	297 Robin Rohu	Burnaby Cent	1:05.10
7	1926 Ella Dawe	West Point G	1:05.90
8	1639 Sarah Austin	ST Thomas Mo	1:07.00

Event 125 Women 800 Meter Run Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 3 Prelims

1	117 Alana Dejong	Abbotsford C	2:37.61
2	737 Kayla Stoochnoff	Holy Cross R	2:37.14
3	1926 Ella Dawe	West Point G	2:34.14
4	733 Claire Nichol	Holy Cross R	2:26.66
5	1520 Sidney Clement	Sentinel	2:28.60
6	1529 Rio Trozduk	Sentinel	2:34.50
7	925 Lulie Macfarlane	Little Flowe	2:42.10
8	1791 Jenna Vander Hoek	Unity Christ	2:42.30

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Heat 2 of 3 Prelims...(Event 125 Women 800 Meter Run

1	1914 Laila Vaissade	Walnut Grove	2:37.99
2	1998 Thalia Foster	Windsor - No	2:37.00
3	1284 Stephanie Arronge	Prince George	2:33.75
4	451 Lauren Soobrian	Crofton Hous	2:23.86
5	560 Rachel Woode	Ecole Salish	2:30.34
6	1600 Katrina Staley	South Delta	2:34.82
7	264 Karlyle Cline	Brooks Secon	2:41.96
8	1622 Danya Sangha	Southridge S	2:42.60

Heat 3 of 3 Prelims

1	1857 Beth Butler	Vernon	2:38.69
2	1095 Emma Lindsley	Mulgrave	2:35.60
3	1583 Bridie Hikisch	Smithers Sec	2:32.19
4	871 Maya Baechler	Kitsilano	2:18.86
5	1592 Gemma Dumas	South Delta	2:31.80
6	1735 Jenna Howarth	Steveston Lo	2:35.33
7	532 Breah Bridge	Klo Middle	2:39.23
8	947 Sarah Lam	Lord Byng	2:43.57

Event 127 Women 1500 Meter Run Gr 8

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	944 Adrian Kan	Lord Byng	4:53.67
2	871 Maya Baechler	Kitsilano	4:54.35
3	451 Lauren Soobrian	Crofton Hous	4:56.39
4	1520 Sidney Clement	Sentinel	5:04.26
5	1499 Mackenzie Hack	Semiahmoo Se	5:05.94
6	1507 Leah Potashova	Semiahmoo Se	5:06.80
7	1930 Eva Kriebel	West Point G	5:18.80
8	1529 Rio Trotsuk	Sentinel	5:20.13
9	1914 Laila Vaissade	Walnut Grove	5:22.31
10	691 Juliet Pulfrey	Handsworth	5:24.01
11	737 Kayla Stoochnoff	Holy Cross R	5:25.75
12	1998 Thalia Foster	Windsor - No	5:27.12
13	341 Makaila Ross	Carson Graha	5:27.86
14	1389 Alexandra Luxmoore	Revelstoke	5:29.88
15	925 Lulie Macfarlane	Little Flowe	5:31.40
16	1396 Ruby Serrouya	Revelstoke	5:32.85
17	1733 Aliyah Chase	Steveston Lo	5:33.81
18	1392 Maeve Macloed	Revelstoke	5:35.11
19	1284 Stephanie Arronge	Prince George	5:35.99
20	884 Jessie Bell	Kwalikum Sec	5:36.63
21	607 Talia Lorincz	Fraser Acade	5:37.10
22	381 Noelle Muddiman	Clearwater S	5:40.29
23	168 Kodi Wiman	Aberdeen Hal	5:41.02
24	566 Nadia Weiss	Elgin Park S	5:41.54

Event 129 Women 3000 Meter Run Gr 8

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	871 Maya Baechler	Kitsilano	10:22.18
2	451 Lauren Soobrian	Crofton Hous	10:33.13
3	1520 Sidney Clement	Sentinel	10:39.16
4	1499 Mackenzie Hack	Semiahmoo Se	11:09.84
5	1930 Eva Kriebel	West Point G	11:21.39
6	1507 Leah Potashova	Semiahmoo Se	11:23.62
7	737 Kayla Stoochnoff	Holy Cross R	11:35.20
8	925 Lulie Macfarlane	Little Flowe	11:35.20
9	341 Makaila Ross	Carson Graha	11:44.14
10	691 Juliet Pulfrey	Handsworth	11:50.11
11	1895 Julia Meszarus	Walnut Grove	11:59.21
12	607 Talia Lorincz	Fraser Acade	12:09.40
13	2035 Tori Aksmanovic	York House S	12:19.27
14	2040 Layla Sajan	York House S	12:23.43
15	1109 Jada Kamerman	Nanaimo Chri	12:23.76
16	881 Stephanie Sinclair	Kitsilano	12:32.67
17	1733 Aliyah Chase	Steveston Lo	12:38.90
18	640 Avery Tamagi	Glenbrook Mi	12:45.90
19	1615 Alaina Zhang	Southpointe	12:56.84
20	503 Danielle Doherty	Duncan Chris	12:59.78
21	231 Alexa Van Der Vlugt	Betty Gilber	13:01.48
22	1218 Lola Guyas	Okanagan	13:23.38

Event 131 Women 80 Meter Hurdles Gr 8

8 Advance: Top 2 Each Heat plus Next 2 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	1307 Ghita Adnane	Princess Mar	15.85
2	1338 Brooklyn Karey	Quesnel JR S	15.81
3	1582 Tana Hanchard	Smithers Sec	15.30
4	728 Olivia Stettler	Highroad Aca	14.48
5	435 Sabrina Chio	Crofton Hous	14.54
6	2036 Erianthe Cantarella	York House S	15.37
7	1380 Aislin Buchanan	Revelstoke	16.22
8	947 Sarah Lam	Lord Byng	16.31
Heat 2 of 3 Prelims			
1	822 Gabrielle Dela Cruz	Killarney	15.98
2	525 Kayla Jacquet	École de L'A	15.68
3	141 Amelia Siemens	Abbotsford C	15.06
4	443 Amelia Kristen	Crofton Hous	13.37
5	1262 Lacie Simmons	Phoenix Midd	14.69
6	2007 Camila Ospino	Windsor - No	15.44
7	149 Violet Vanderkooi	Abbotsford C	16.07
8	1093 Lauren Bowlby	Mulgrave	16.34

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Heat 3 of 3 Prelims...(Event 131 Women 80 Meter

1	1312 Samantha Sayco	Princess Mar	16.01
2	2000 Lindsay Heeps	Windsor - No	15.52
3	422 Faith Minderhoud	Credo Christ	14.88
4	1250 Leah Peters	Panorama Rid	13.09
5	867 Emily Stevenson	King's Chris	14.77
6	959 Yirui Song	Lord Byng	15.47
7	1387 Mimi Kramer	Revelstoke	16.02
8	191 Sarah Aylard	Anchor Acade	16.35

Event 133 Women 200 Meter Hurdles Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Lane Name Team Seed Time****Heat 1 of 3 Prelims**

1	146 Lianne Tuin	Abbotsford C	34.33
2	2036 Erianthe Cantarella	York House S	34.20
3	1582 Tana Hanchard	Smithers Sec	33.25
4	297 Robin Rohu	Burnaby Cent	30.84
5	2050 Madison Gordon	Yorkson Cree	31.10
6	540 Mackay Danielle	Klo Middle	33.40
7	199 Claire Gummeson	Argyle	35.10
8	1307 Ghita Adnane	Princess Mar	35.58

Heat 2 of 3 Prelims

1	792 Brianna Breau	Kelowna Christia	34.41
2	422 Faith Minderhoud	Credo Christ	34.13
3	728 Olivia Stettler	Highroad Aca	33.17
4	1250 Leah Peters	Panorama Rid	30.34
5	1382 Fia Cameron	Revelstoke	31.17
6	1797 Kalima Ngobi	Urban Academ	33.59
7	2000 Lindsay Heeps	Windsor - No	34.98
8	1314 Kaitlin Walsh	Princess Mar	37.07

Heat 3 of 3 Prelims

1	947 Sarah Lam	Lord Byng	34.77
2	149 Violet Vanderkooi	Abbotsford C	34.01
3	959 Yirui Song	Lord Byng	32.93
4	443 Amelia Kristen	Crofton Hous	30.33
5	817 Zen Bailey	Killarney	32.43
6	867 Emily Stevenson	King's Chris	34.00
7	141 Amelia Siemens	Abbotsford C	34.78
8	918 Celeste Chau	Little Flowe	37.08

Event 145 Women 4x100 Meter Relay Gr 8**Lane Team Relay Seed Time****Section 1 of 3 Finals**

1	Windsor - No	B	59.49
2	Shuswap Midd	A	59.24
3	Semiahmoo Se	A	58.94
4	Revelstoke S	A	58.11
5	Spring Valle	A	58.44
6	Quamichan Sc	A	59.00
7	St. Andrews'	A	1:00.05
8	Mulgrave	A	1:02.38

Section 2 of 3 Finals

1	Princess Mar	A	57.00
2	Abbotsford C	B	56.94
3	Klo Middle	A	56.47
4	Windsor - No	A	55.77
5	Burnaby Cent	A	56.36
6	South Delta	A	56.52
7	Skaha Lake M	A	57.43
8	Whistler	A	57.99

Section 3 of 3 Finals

1	Holy Cross R	A	55.27
2	Hatzic Secon	A	55.16
3	Abbotsford C	A	54.60
4	Crofton Hous	A	53.78
5	Lord Tweedsm	A	54.42
6	Vedder Middl	A	55.15
7	Little Flowe	A	55.58
8	Unity Christ	A	55.68

Event 147 Women 4x400 Meter Relay Gr 8**Lane Team Relay Seed Time****Section 1 of 3 Finals**

2	Glenbrook Mi	A	5:29.43
3	York House S	A	5:14.02
4	Shuswap Midd	A	5:06.09
5	Mulgrave	A	5:08.76
6	Dr Knox Midd	A	5:14.44

Section 2 of 3 Finals

1	Princess Mar	A	4:57.25
2	Abbotsford C	B	4:52.45
3	Little Flowe	A	4:50.09
4	Revelstoke S	A	4:46.94
5	Windsor - No	A	4:48.46
6	Burnaby Cent	A	4:50.90
7	Klo Middle	A	5:00.42
8	Walnut Grove	A	5:03.97

Section 3 of 3 Finals

1	Lord Byng	A	4:40.30
2	Unity Christ	A	4:39.42
3	Crofton Hous	A	4:30.46
4	Abbotsford C	A	4:23.81
5	South Delta	A	4:27.24
6	West Point G	A	4:37.25
7	Vedder Middl	A	4:43.79
8	Lord Tweedsm	A	4:45.60

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019**Apple Bowl, Kelowna
Meet Program****Event 135 Women High Jump Gr 8**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1791 Jenna Vander Hoek	Unity Christ	1.35m
2	1963 Karlotta Toering	Westsyde Sec	1.35m
3	1262 Lacie Simmons	Phoenix Midd	1.35m
4	931 Katelyn Sussey	Little Flowe	1.35m
5	540 Mackay Danielle	Klo Middle	1.35m
6	1797 Kalima Ngobi	Urban Academ	1.35m
7	564 Kate Hwang	Elgin Park S	1.35m
8	126 Brianna Hoogland	Abbotsford C	1.35m
9	2038 Jenna Louie	York House S	1.40m
10	149 Violet Vanderkooi	Abbotsford C	1.40m
11	1301 Isabella Pavan	Prince of Wa	1.40m
12	1375 Gabriella Batke	Regent Chris	1.40m
13	701 Marissa Bradley	Hatzic Secon	1.40m
14	1850 Shayla Dool	Vedder Middl	1.40m
15	1338 Brooklyn Karey	Quesnel JR S	1.41m
16	1248 Natasha Copley	Pacific Chri	1.44m
17	1361 Lexi Lawson	R.A. McMath	1.45m
18	2000 Lindsay Heeps	Windsor - No	1.45m
19	269 Sylena Klassen	Brooks Secon	1.45m
20	1120 Emma Kirk	Nanaimo Dist	1.50m
21	140 Kayla Schuurman	Abbotsford C	1.50m
22	2050 Madison Gordon	Yorkson Cree	1.50m
23	711 Victoria Salyn	Heritage Chr	1.53m
24	443 Amelia Kristen	Crofton Hous	1.60m

Event 137 Women Long Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1419 Bronwen Young	Rockridge	4.20m
2	233 Ella Descoteau	Brentwood Co	4.74m
3	437 Emily Franke	Crofton Hous	4.52m
4	969 Taylor Kleinschmidt	Lord Tweedsm	4.60m
5	1172 Marisa Mazziotti	Notre Dame R	4.60m
6	2038 Jenna Louie	York House S	4.16m
7	961 Amber Trinder	Lord Byng	4.36m
8	1301 Isabella Pavan	Prince of Wa	4.30m
9	1744 Kerlinda Chatwin	Surrey Chris	4.84m
10	1338 Brooklyn Karey	Quesnel JR S	4.59m
11	2048 Bailey Doerksen	Yorkson Cree	4.17m
12	1536 Chelsea West	Shuswap Midd	4.12m
13	450 Jordyn Reed	Crofton Hous	4.52m
14	1312 Samantha Sayco	Princess Mar	4.31m
15	269 Sylena Klassen	Brooks Secon	4.54m
16	1968 Grace Crawford	Whistler	4.14m
17	968 Caris Hjorth	Lord Tweedsm	4.18m
18	1963 Karlotta Toering	Westsyde Sec	4.58m
19	1592 Gemma Dumas	South Delta	4.61m
20	564 Kate Hwang	Elgin Park S	4.22m
21	728 Olivia Stettler	Highroad Aca	4.31m
22	140 Kayla Schuurman	Abbotsford C	4.47m
23	1012 Kaitlyn Bay	Mei Middle S	4.57m
24	2050 Madison Gordon	Yorkson Cree	4.52m
25	928 Tiffany Nguyen	Little Flowe	4.39m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 150 Women Triple Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	565 Sophia Schulze	Elgin Park S	9.49m
2	959 Yirui Song	Lord Byng	9.03m
3	968 Caris Hjorth	Lord Tweedsm	9.41m
4	269 Sylena Klassen	Brooks Secon	9.48m
5	438 Emma Gan	Crofton Hous	9.30m
6	1012 Kaitlyn Bay	Mei Middle S	9.25m
7	564 Kate Hwang	Elgin Park S	9.52m
8	819 Addie Crawford	Killarney	8.14m
9	1424 Tammalee Hicks	Rutland Midd	8.60m
10	1301 Isabella Pavan	Prince of Wa	9.02m
11	1793 Savannah Vander	Unity Christ	8.29m
12	1101 Mia Ruse	Mulgrave	8.65m
13	1585 Ava MacDougall	Smithers Sec	7.70m
14	119 Kendra Dewolde	Abbotsford C	9.73m
15	1312 Samantha Sayco	Princess Mar	9.87m
16	1613 Sara Croy	Southpointe	9.34m
17	384 Summer Hall	Constable Neil B	8.63m
18	1172 Marisa Mazziotti	Notre Dame R	9.72m
19	450 Jordyn Reed	Crofton Hous	9.86m
20	140 Kayla Schuurman	Abbotsford C	10.01m
21	113 Kiera Castellani	Abbotsford C	8.60m
22	380 Hailey Irvine	Clearwater S	8.56m
23	1262 Lacie Simmons	Phoenix Midd	9.24m
24	1120 Emma Kirk	Nanaimo Dist	9.24m

Event 141 Women Shot Put Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1953 Cassidy Ashley	Westsyde Sec	7.68m
2	930 Abigail Santos	Little Flowe	8.85m
3	435 Sabrina Chio	Crofton Hous	8.90m
4	1613 Sara Croy	Southpointe	9.76m
5	1681 Maren McKeown	St. Andrews'	8.16m
6	1962 Mikayla Slade	Westsyde Sec	8.10m
7	1789 Julia Van De Kamp	Unity Christ	7.73m
8	437 Emily Franke	Crofton Hous	11.18m
9	146 Lianne Tuin	Abbotsford C	8.25m
10	174 Brynn Geddes	Alberni Dist	7.64m
11	1618 Lauren Hewstan	Southridge S	8.82m
12	119 Kendra Dewolde	Abbotsford C	9.14m
13	904 Olivia Brand	Langley Chri	10.11m
14	1539 Billie Fitch	Sir Alexande	8.12m
15	556 Lindsay Cyr	Ecole Salish	11.05m
16	888 Addie Nikula	Kwalikum Sec	8.93m
17	1543 Maddie Britnell	Sir Charles	8.99m
18	1213 Kanani Coon	Okanagan	7.76m
19	1779 Angelica Kornelius	Unity Christ	8.07m
20	134 Naa Osekre	Abbotsford C	7.72m
21	874 Anika Fisher	Kitsilano	8.43m
22	456 Haleena Bhandohal	Dasmesh Punj	8.09m
23	711 Victoria Salyn	Heritage Chr	9.06m
24	287 Lindsay Goudron	Burnaby Cent	9.75m

Event 139 Women Javelin Throw Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	961 Amber Trinder	Lord Byng	25.59m
2	1774 Jenna Graham	Unity Christ	22.86m
3	1357 Kaiya Hamada	R.A. McMath	26.79m
4	120 Rachel Draaistra	Abbotsford C	21.12m
5	171 Lily Gunold	AD Rundle Mi	21.15m
6	1318 Nina Lionas	Quamichan Sc	20.76m
7	174 Brynn Geddes	Alberni Dist	20.71m
8	1953 Cassidy Ashley	Westsyde Sec	19.20m
9	455 Vanessa Velinoff	Crofton Hous	22.39m
10	1779 Angelica Kornelius	Unity Christ	19.85m
11	1499 Mackenzie Hack	Semiahmo Se	24.56m
12	792 Brianna Breau	Kelowna Christia	30.68m
13	1922 Makenna Paugh	Wellington S	22.72m
14	170 Kyra Ganske	AD Rundle Mi	20.61m
15	622 Hailey Duff	George Elliot	24.27m
16	1120 Emma Kirk	Nanaimo Dist	28.77m
17	491 Lily Wickenheiser	Dr Knox Midd	25.82m
18	1534 Abbigail Paetsch	Shuswap Midd	22.76m
19	1162 Olivia Dalla Zanna	Notre Dame R	21.67m
20	1543 Maddie Britnell	Sir Charles	25.19m
21	1387 Mimi Kramer	Revelstoke	20.63m
22	725 Samantha Loeppky	Highroad Aca	23.21m
23	287 Lindsay Goudron	Burnaby Cent	20.32m
24	119 Kendra Dewolde	Abbotsford C	29.23m

Event 29 Women 100 Meter Dash Junior

8 Advance: Top 1 Each Heat plus Next 4 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	1893 Dani Kurylyk	Walnut Grove	13.34
2	2010 Bethany	Windsor - No	13.27
3	542 Ellie Donahue	Klo Middle	13.09
4	1158 Charity	North Delta	12.78
5	1161 Jaeland Cummings	Notre Dame R	12.84
6	774 Sadie Joyce	JL Crowe	13.10
7	361 Kiara Holt	Chilliwack S	13.63
8	1417 Jade	Rockridge	13.72
Heat 2 of 4 Prelims			
1	584 Caelyn Huebner	Esquimalt	13.37
2	227 Louisa Krusekopf	Belmont Seco	13.24
3	954 Jolie Penstock	Lord Byng	13.00
4	798 Emma Cannan	Kelowna	12.44
5	493 Amelia Hamnett	Dr. Charles	12.96
6	574 Logan Bannister	Eric Hamber	13.21
7	193 Vanessa Chung	Archbishop C	13.40

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Heat 3 of 4 Prelims...(Event 29 Women 100 Meter Dash**

1	1253 Alexis Van Den Bulk	Parkland Sec	13.36
2	614 Krysthina Vlahovic	Fraser Heigh	13.26
3	1854 Victoria Barry	Vernon Chris	13.04
4	609 Estella Mainella	Fraser Heigh	12.65
5	322 Taya Batiste	Burnaby Sout	12.94
6	1150 Kimi Tam	New Westmins	13.14
7	1200 Maya Morgan	Oak Bay Seco	13.45
8	496 Barbara Keshiro	Duchess Park	14.22

Heat 4 of 4 Prelims

1	453 Virginia Spencer	Crofton Hous	13.35
2	1461 Jordan King	Salmon Arm S	13.27
3	1777 Kylie Kampman	Unity Christ	13.06
4	357 Katia Bannister	Chemainus Se	12.77
5	1151 Anja Tjernagel	New Westmins	12.91
6	1245 Laysha Tunti	Pacific Acad	13.13
7	1336 Reese Jacobsen	Quesnel JR S	13.59
8	1993 Maya Aubron-Albert	Windsor - No	13.78

Event 47 Women 200 Meter Dash Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	227 Louisa Krusekopf	Belmont Seco	27.69
2	1854 Victoria Barry	Vernon Chris	27.43
3	761 Teigen Pascual	Howe Sound	26.99
4	1158 Charity	North Delta	25.34
5	322 Taya Batiste	Burnaby Sout	26.47
6	1004 Meghan Sheehan	Mark Isfled	27.35
7	937 Linnea Brodin	Lord Byng	27.98

Heat 2 of 4 Prelims

1	429 Sophia Aitken	Crofton Hous	27.64
2	361 Kiara Holt	Chilliwack S	27.64
3	1906 Veronica Robertson	Walnut Grove	27.05
4	1161 Jaeland Cummings	Notre Dame R	26.17
5	357 Katia Bannister	Chemainus Se	26.27
6	193 Vanessa Chung	Archbishop C	27.19
7	1336 Reese Jacobsen	Quesnel JR S	28.41
8	1993 Maya Aubron-Albert	Windsor - No	28.49

Heat 3 of 4 Prelims

1	122 Jacinda Fleming	Abbotsford C	27.67
2	1777 Kylie Kampman	Unity Christ	27.52
3	434 Carina Chilcott	Crofton Hous	26.99
4	609 Estella Mainella	Fraser Heigh	25.68
5	493 Amelia Hamnett	Dr. Charles	26.30
6	1461 Jordan King	Salmon Arm S	27.26
7	954 Jolie Penstock	Lord Byng	28.03
8	655 Amelia Driedger	Grand Forks	33.25

Heat 4 of 4 Prelims

1	474 Sonya Urbanowicz	Dover Bay Se	27.66
2	1253 Alexis Van Den Bulk	Parkland Sec	27.56
3	2010 Bethany	Windsor - No	27.04
4	798 Emma Cannan	Kelowna	26.13
5	521 Hanna Sobkowich	Earl Marriot	26.29
6	542 Ellie Donahue	Klo Middle	27.19
7	498 Sophia Mahmoud	Duchess Park	28.34
8	1150 Kimi Tam	New Westmins	28.61

Event 7 Women 400 Meter Dash Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	151 Kaelyn Vangarderen	Abbotsford C	1:04.01
2	661 Jasmine Mohammed	Guildford Pa	1:03.95
3	1503 Ava Mitchell	Semiahmoo Se	1:02.70
4	1351 Claire Bosma	R.A. McMath	1:00.50
5	1358 Sophie James	R.A. McMath	1:01.16
6	1862 Charlotte Blecha	Victoria Hig	1:02.82
7	1993 Maya Aubron-Albert	Windsor - No	1:06.74
8	2003 Ava Kasabuchi	Windsor - No	1:07.28

Heat 2 of 4 Prelims

1	148 Kaelyn Van Garderen	Abbotsford C	1:04.01
2	1161 Jaeland Cummings	Notre Dame R	1:03.90
3	1020 Allyssa Hutchison	Mei Secondar	1:02.62
4	1667 Kate Stewart Barnett	ST Thomas Mo	1:00.40
5	1906 Veronica Robertson	Walnut Grove	1:01.29
6	935 Bridgette Baziw	Lord Byng	1:02.93
7	496 Barbara Keshiro	Duchess Park	1:06.50
8	807 Presley Johnstone	Kelowna	1:08.19

Heat 3 of 4 Prelims

1	1004 Meghan Sheehan	Mark Isfled	1:04.17
2	1420 Antonia Fay	Royal Bay	1:03.81
3	1558 Sophie Taylor	Sir Charles	1:02.16
4	521 Hanna Sobkowich	Earl Marriot	1:00.27
5	1031 Vanessa Pirani	Mei Secondar	1:01.85
6	798 Emma Cannan	Kelowna	1:02.93
7	983 Avi Waterfall	LV Rogers	1:06.30
8	1466 Gabriella Torrie	Salmon Arm S	1:08.44

Heat 4 of 4 Prelims

1	2010 Bethany	Windsor - No	1:04.45
2	1182 Ines Ciccateri	Oak Bay Seco	1:03.18
3	1863 Gabi Kinnis	Victoria Hig	1:01.90
4	993 Jade Lenton	Maple Ridge	59.64
5	315 Hannah Vorell	Burnaby Moun	1:01.89
6	1571 Esmee Ko	Sir Winston	1:02.99
7	498 Sophia Mahmoud	Duchess Park	1:05.14
8	1798 Zoe Caller	Valleyview S	1:08.47

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 39 Women 800 Meter Run Junior****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	942 Skye Higgins	Lord Byng	2:32.18
2	661 Jasmine Mohammed	Guildford Pa	2:32.13
3	434 Carina Chilcott	Crofton Hous	2:27.40
4	993 Jade Lenton	Maple Ridge	2:18.70
5	856 Alexandra Campbell	King George	2:23.17
6	1020 Allyssa Hutchison	Mei Secondar	2:29.13
7	1464 Julianne Moore	Salmon Arm S	2:41.66
8	1798 Zoe Caller	Valleyview S	2:43.21

Heat 2 of 4 Prelims

1	1368 Selin Tasdemir	R.A. McMath	2:33.40
2	148 Kaelyn Van Garderen	Abbotsford C	2:31.14
3	1521 Sofia Day	Sentinel	2:26.60
4	1113 Kate Cameron	Nanaimo Dist	2:21.94
5	130 Juane Klaus	Abbotsford C	2:24.64
6	2045 Izzy McDonald	York House S	2:29.50
7	1139 Monika Arcadi	New Westmins	2:36.32
8	485 Felicity Hanson	Dr Knox Midd	2:43.68

Heat 3 of 4 Prelims

1	1716 Lily Mannall-Fretwell	St. Margaret's S	2:33.73
2	1503 Ava Mitchell	Semiahmoo Se	2:30.41
3	1547 Tilda Cressman	Sir Charles	2:25.83
4	1591 Madelyn Bonikowsky	South Delta	2:18.57
5	1863 Gabi Kinnis	Victoria Hig	2:25.35
6	201 Nanette Novak	Argyle	2:29.58
7	755 Ella Batcho	Howe Sound	2:34.81
8	983 Avi Waterfall	LV Rogers	2:51.60

Heat 4 of 4 Prelims

1	1342 Ruby Nicholas	Quesnel JR S	2:32.41
2	1409 Naeva Scott Bouris	Reynolds Sec	2:31.70
3	1864 Lucia Palma	Victoria Hig	2:26.70
4	366 Christina	Chilliwack S	2:21.37
5	1571 Esme Ko	Sir Winston	2:24.05
6	1740 Jasleen Grewal	Sullivan Hei	2:29.25
7	538 Caitlyn Collingwood	Klo Middle	2:37.40
8	789 Jenny Graham-Smith	Kelly Road	2:43.31

Event 11 Women 1500 Meter Run Junior**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 2 Prelims

1	1591 Madelyn Bonikowsky	South Delta	4:47.54
2	1113 Kate Cameron	Nanaimo Dist	5:00.58
3	130 Juane Klaus	Abbotsford C	5:01.98
4	1116 Kyra Gillette	Nanaimo Dist	5:02.97
5	856 Alexandra Campbell	King George	5:03.31
6	201 Nanette Novak	Argyle	5:06.39
7	2043 Sophie Forsyth	York House S	5:06.70
8	1652 Milena Kalisch	ST Thomas Mo	5:08.90
9	517 Julia Mackie	Earl Marriot	5:13.60
10	1740 Jasleen Grewal	Sullivan Hei	5:14.98
11	176 Emily Hunt	Alberni Dist	5:15.10
12	1383 Jaclyn Elliot	Revelstoke	5:22.60
13	1481 Dania Klassen	Sardis School	5:22.78
14	1391 Emily MacLeod	Revelstoke	5:27.07
15	1342 Ruby Nicholas	Quesnel JR S	5:30.54
16	402 Megan Strand	Correlieu	5:54.25

Heat 2 of 2 Prelims

1	1005 Iris Tinmouth	Mark Isfled	4:53.93
2	366 Christina	Chilliwack S	4:56.50
3	1715 Jamie Harker	St. Margaret's S	5:02.32
4	1090 Emma Vizina	Mount Dougla	5:02.61
5	1368 Selin Tasdemir	R.A. McMath	5:05.37
6	1521 Sofia Day	Sentinel	5:06.30
7	304 Isabella Brunoro	Burnaby Moun	5:07.52
8	590 Viviana Li	Fleetwood Pa	5:07.90
9	1265 Emma Graydon	Pitt Meadows	5:13.85
10	1230 Tatum Wade	Okanagan	5:14.96
11	482 Ava Graf	Dr Knox Midd	5:19.30
12	942 Skye Higgins	Lord Byng	5:19.64
13	2039 Izzy McDonald	York House S	5:23.51
14	948 Skyla MacDonald	Lord Byng	5:25.70
15	1464 Julianne Moore	Salmon Arm S	5:32.53
16	1524 Cami Hill	Sentinel	5:41.81

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 51 Women 3000 Meter Run Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	1005 Iris Tinmouth	Mark Isfled	10:27.18
2	366 Christina	Chilliwack S	10:32.18
3	304 Isabella Brunoro	Burnaby Moun	10:48.20
4	856 Alexandra Campbell	King George	10:50.50
5	590 Viviana Li	Fleetwood Pa	10:56.10
6	2043 Sophie Forsyth	York House S	10:59.70
7	913 Abigail Yakemchuk	Langley Chri	11:02.12
8	1652 Milena Kalisch	ST Thomas Mo	11:02.30
9	1715 Jamie Harker	St. Margaret's S	11:05.99
10	1116 Kyra Gillette	Nanaimo Dist	11:18.05
11	960 Ella Symon	Lord Byng	11:21.63
12	1391 Emily MacLeod	Revelstoke	11:22.77
13	517 Julia Mackie	Earl Marriot	11:23.55
14	1265 Emma Graydon	Pitt Meadows	11:24.66
15	415 Naomi Hockin	Credo Christ	11:26.33
16	1090 Emma Vizina	Mount Dougla	11:32.21
17	482 Ava Graf	Dr Knox Midd	11:32.86
18	115 Emily De Jager	Abbotsford C	11:34.64
19	563 Emma Cobban	Elgin Park S	11:35.40
20	1740 Jasleen Grewal	Sullivan Hei	11:36.87
21	942 Skye Higgins	Lord Byng	11:37.69
22	1225 Ella Rolleston	Okanagan	11:41.73
23	476 Olivia Wankling	DP Todd	11:43.30
24	948 Skyla MacDonald	Lord Byng	11:44.63
25	1742 Tayla Ingram	Summerland	11:45.92
26	1481 Dania Klassen	Sardis School	11:49.30
27	1459 Laura Hall	Salmon Arm S	11:50.72
28	767 Kezia Kawamura	Hugh McRober	11:51.30
29	291 Kaitlyn Heslop	Burnaby Cent	11:51.70
30	1949 Rachael Watkins	West Van	12:00.05
31	1492 Darah Clarke	Selkirk	12:31.80
32	402 Megan Strand	Correliou	12:56.51

Event 23 Women 80 Meter Hurdles Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	1422 Viktoria Kobe	Royal Bay	14.58
2	941 Jolie Griffin	Lord Byng	13.66
3	107 Raya Brandsma	Abbotsford C	12.97
4	1245 Laysha Tunti	Pacific Acad	11.77
5	1031 Vanessa Pirani	Mei Secondar	12.89
6	1873 Kayla Savage	W.J	13.64
7	1332 Emma Blair	Quesnel JR S	14.61
8	1280 Liepa Bajarunas	Port Moody S	NT

Heat 2 of 4 Prelims

1	1200 Maya Morgan	Oak Bay Seco	14.32
2	600 Emily Carlson	Frances Kels	14.15
3	1462 Meaghan Kujat	Salmon Arm S	13.06
4	1641 Alicia Bremer	ST Thomas Mo	12.04
5	533 Mekhila Brown	Klo Middle	12.80
6	1386 Rebecca Grabinsky	Revelstoke	13.51
7	312 Teodora Lojpur	Burnaby Moun	14.84
8	1343 Lidia Solecki	Quesnel JR S	15.32

Heat 3 of 4 Prelims

1	1966 Annelise Aldrich	Whistler	14.36
2	308 Lindsay Hoffman	Burnaby Moun	14.04
3	1188 Anna Friesen	Oak Bay Seco	13.01
4	614 Krysthina Vlahovic	Fraser Heigh	11.84
5	1241 Kennedy Primrose	Pacific Acad	12.84
6	198 Maya Finden	Argyle	13.57
7	669 Claire Ambrozic	Handsworth	14.63
8	1107 Tayleur Moffat	Nakusp	15.62

Heat 4 of 4 Prelims

1	807 Presley Johnstone	Kelowna	14.26
2	271 Kayden Piniewski	Brooks Secon	14.20
3	1300 Kaitlyn Loo	Prince of Wa	13.35
4	2046 Adria Sellers	York House S	12.57
5	1761 Sophia Gribbon	Terry Fox Se	12.61
6	276 Brooklyn Vanderkemp	Brooks Secon	13.38
7	1801 Michelle Ritter	Valleyview S	14.86
8	1254 Maya Bassot	Penticton High S	14.95

Event 103 Women 300 Meter Hurdles Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	1455 Teslyn Bates	Salmon Arm S	54.54
2	271 Kayden Piniewski	Brooks Secon	53.58
3	129 Lexie Kampman	Abbotsford C	50.36
4	1641 Alicia Bremer	ST Thomas Mo	47.52
5	1358 Sophie James	R.A. McMath	49.84
6	335 Tyza Skuse	Carihi Secon	52.22
7	955 Yaelle Ritch	Lord Byng	55.02
8	1207 Lana Rummel	Oak Bay Seco	58.04
Heat 2 of 4 Prelims			
1	755 Ella Batcho	Howe Sound	54.12
2	107 Raya Brandsma	Abbotsford C	53.63
3	276 Brooklyn Vanderkemp	Brooks Secon	50.65
4	2046 Adria Sellers	York House S	47.62
5	1763 Alanna Noble	Terry Fox Se	49.63
6	1332 Emma Blair	Quesnel JR S	51.40
7	1457 Katie Findlay	Salmon Arm S	55.13
8	1428 Madison	Rutland Seni	56.27

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Heat 3 of 4 Prelims...(Event 103 Women 300 Meter)

1	2025 Ella Johnson	Yale Secondary	54.09
2	132 Eileen Noordam	Abbotsford C	53.82
3	661 Jasmine Mohammed	Guildford Pa	51.09
4	614 Krysthina Vlahovic	Fraser Heigh	48.97
5	446 Allison Meikle	Crofton Hous	49.52
6	1351 Claire Bosma	R.A. McMath	51.24
7	285 Priya Dhaliwal	Burnaby Cent	55.14
8	1343 Lidia Solecki	Quesnel JR S	55.15

Heat 4 of 4 Prelims

1	679 Nicole Erickson	Handsworth	54.77
2	198 Maya Finden	Argyle	53.00
3	1031 Vanessa Pirani	Mei Secondar	50.23
4	1611 Kaylie Borntraeger	Southpointe	45.00
5	1462 Meaghan Kujat	Salmon Arm S	50.04
6	773 Zoe Giles	JL Crowe	52.84
7	1384 Parker English	Revelstoke	54.80
8	802 Erica Ellis	Kelowna	59.70

Event 3 Women 1500 Meter Steeplechase Junior

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	291 Kaitlyn Heslop	Burnaby Cent	6:01.90
2	178 Mackenzie Loyer	Alberni Dist	6:06.21
3	1524 Cami Hill	Sentinel	6:10.81
4	520 Kylie Schlecker	Earl Marriot	6:14.72
5	1472 Alexandra Ritter	Sands Second	6:15.26
6	414 Lydia Gunnink	Credo Christ	6:19.40
7	1459 Laura Hall	Salmon Arm S	6:29.46
8	426 Emma Vanrhee	Credo Christ	6:31.98
9	1289 Brynn Witwicki	Prince George	6:36.63
10	585 Alex Kurz	Esquimalt	6:40.56
11	2029 Halle May	Yale Secondary	7:23.86

Section 2 of 2 Finals

1	1667 Kate Stewart Barnett	ST Thomas Mo	5:10.60
2	960 Ella Symon	Lord Byng	5:25.04
3	304 Isabella Brunoro	Burnaby Moun	5:30.80
4	1230 Tatum Wade	Okanagan	5:34.26
5	913 Abigail Yakemchuk	Langley Chri	5:34.56
6	1342 Ruby Nicholas	Quesnel JR S	5:39.26
7	1116 Kyra Gillette	Nanaimo Dist	5:39.29
8	1547 Tilda Cressman	Sir Charles	5:43.26
9	563 Emma Cobban	Elgin Park S	5:45.79
10	115 Emily De Jager	Abbotsford C	5:50.09
11	415 Naomi Hockin	Credo Christ	5:53.04
12	584 Caelyn Huebner	Esquimalt	5:54.09
13	736 Chelsea Stoochnoff	Holy Cross R	5:56.15
14	512 Alexis Friedel	Earl Marriot	5:56.56
15	417 Kyah Kang	Credo Christ	5:56.62
16	1139 Monika Arcadi	New Westmins	6:00.60

Event 19 Women 4x100 Meter Relay Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Burnaby Cent	A	55.63
2	Salmon Arm S	A	54.53
3	Mei Secondar	A	53.08
4	Crofton Hous	A	52.36
5	Semiahmoo Se	A	52.65
6	York House S	A	53.64
7	Heritage Woo	A	56.35
8	Valleyview S	B	58.10

Heat 2 of 4 Prelims

1	Archbishop C	A	55.17
2	West Van	A	54.73
3	ST Thomas Mo	A	53.29
4	Dover Bay Se	A	52.42
5	Lord Byng	B	52.63
6	Holy Cross R	A	53.53
7	Maple Ridge	A	56.52
8	Quesnel JR S	A	57.16

Heat 3 of 4 Prelims

1	Earl Marriot	A	56.00
2	Klo Middle	A	54.22
3	Oak Bay Seco	A	52.84
4	Pacific Acad	A	51.62
5	Burnaby Moun	A	52.84
6	Windsor - No	A	53.90
7	Abbotsford C	A	56.10
8	Correlieu	A	59.08

Heat 4 of 4 Prelims

1	Walnut Grove	A	55.73
2	Howe Sound	A	54.37
3	Abbotsford C	B	52.98
4	R.A. McMath	A	52.32
5	Lord Byng	A	52.79
6	Argyle	A	53.88
7	Revelstoke	A	56.21
8	Okanagan Mission	A	58.70

Event 107 Women 4x400 Meter Relay Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Revelstoke	A	4:51.93
2	Salmon Arm S	A	4:40.44
3	Lord Byng	B	4:28.73
4	Crofton Hous	A	4:12.80
5	Burnaby Moun	A	4:27.10
6	David Thomps	A	4:37.70
7	Dr Knox Midd	A	4:53.44

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Heat 2 of 4 Prelims...(Event 107 Women 4x400 Meter**

1	Yale Secondary	A	4:50.65
2	Alberni Dist	A	4:42.94
3	York House S	A	4:29.52
4	R.A. McMath	A	4:16.05
5	Abbotsford C	A	4:25.63
6	Holy Cross R	A	4:36.87
7	Klo Middle	A	4:58.11

Heat 3 of 4 Prelims

1	Quesnel JR S	A	4:46.89
2	Guildford Pa	A	4:46.80
3	Howe Sound	A	4:32.99
4	Oak Bay Seco	A	4:23.64
5	Semiahmoo Se	A	4:25.05
6	Argyle	A	4:33.44

Heat 4 of 4 Prelims

1	Credo Christ	A	4:50.09
2	Abbotsford C	B	4:45.75
3	Mei Secondar	A	4:29.80
4	ST Thomas Mo	A	4:16.40
5	Lord Byng	A	4:25.09
6	Sentinel	A	4:33.81
7	Correlieu	A	5:15.43

Event 97 Women High Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1319 Gina Martin	Quamichan Sc	1.40m
2	1335 Baillie Jackson	Quesnel JR S	1.51m
3	1575 Nicole Villaraso	Sir Winston	1.45m
4	1100 Isabelle Riedijk	Mulgrave	1.25m
5	1036 Isabelle Heard	Merritt	1.58m
6	1256 Camille Malo	Penticton High S	1.45m
7	1476 Larissa Cote	Sardis School	1.50m
8	1257 Hailey McNabb	Peter Skene	1.48m
9	774 Sadie Joyce	JL Crowe	1.55m
10	273 Alison Ruegg	Brooks Secon	1.50m
11	412 Madison Grim	Credo Christ	1.35m
12	1667 Kate Stewart Barnett	ST Thomas Mo	1.65m
13	793 Ely Kokayko	Kelowna Christia	1.06m
14	1759 Lisa Cerica	Terry Fox Se	1.50m
15	1761 Sophia Gribbon	Terry Fox Se	1.50m
16	1315 Margo Blumel	Quamichan Sc	1.40m
17	1971 Harmoney Hachey	Whistler	1.25m
18	730 Emma Deboer	Holy Cross R	1.67m
19	958 Avelene Snip	Lord Byng	1.35m
20	679 Nicole Erickson	Handsworth	1.35m
21	1601 Isla Stewart	South Delta	1.50m
22	285 Priya Dhaliwal	Burnaby Cent	1.55m
23	939 Aisha Dela cuesta	Lord Byng	1.43m
24	1436 Renese Ebanks	Sa-Hali	1.50m
25	533 Mekhila Brown	Klo Middle	1.56m
26	2042 Finley Butler	York House S	1.50m
27	1203 Olivia Murphy	Oak Bay Seco	1.35m
28	129 Lexie Kampman	Abbotsford C	1.50m
29	1965 Megan Robertson	Westview Sec	1.45m
30	1617 Katelyn Croy	Southridge S	NH

Event 86 Women Pole Vault Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1125 Bianca Parcher	Nanaimo Dist	1.85m
2	1142 Ella Foster	New Westmins	3.04m
3	441 Caroline Ho	Crofton Hous	2.50m
4	1868 Alyssa Lane	W.J	2.10m
5	335 Tyza Skuse	Carihi Secon	2.75m
6	474 Sonya Urbanowicz	Dover Bay Se	2.75m
7	1204 Marilla Pekter	Oak Bay Seco	2.00m
8	472 Lundman Olivia	Dover Bay Se	2.90m
9	971 Olivia McCallum	Lord Tweedsm	2.55m
10	129 Lexie Kampman	Abbotsford C	2.30m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 81 Women Long Jump Junior**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1254 Maya Bassot	Penticton High S	4.24m
2	337 Mary England	Carson Graha	4.56m
3	1470 Melodie Roussel	Samuel Rober	4.50m
4	122 Jacinda Fleming	Abbotsford C	5.03m
5	343 Jamie Bollinger	Cedar Commun	4.53m
6	1036 Isabelle Heard	Merritt	4.22m
7	206 Abigail Rauh	Argyle	4.42m
8	793 Ely Kokayko	Kelowna Christia	4.89m
9	1245 Laysha Tunti	Pacific Acad	5.23m
10	1641 Alicia Bremer	ST Thomas Mo	4.72m
11	768 Georgia Griffin	Imm	4.34m
12	732 Alexandra Kennedy	Holy Cross R	4.75m
13	579 Katherine Keng	Eric Hamber	4.94m
14	1207 Lana Rummel	Oak Bay Seco	4.46m
15	468 Sara Hurt	Dover Bay Se	4.44m
16	1465 Braidy Parkes	Salmon Arm S	4.62m
17	398 Lauren Pastachak	Correlieu	4.27m
18	941 Jolie Griffin	Lord Byng	4.65m
19	1761 Sophia Gribbon	Terry Fox Se	4.78m
20	669 Claire Ambrozic	Handsworth	4.62m
21	1611 Kaylie Borntraeger	Southpointe	5.11m
22	1921 Madison Paugh	Wellington S	4.81m
23	1241 Kennedy Primrose	Pacific Acad	5.19m
24	1287 Morgan Lawrence	Prince George	4.30m
25	1151 Anja Tjernagel	New Westmins	5.17m
26	602 Jayda Lauzon	Frances Kels	4.45m
27	1893 Dani Kurylyk	Walnut Grove	4.51m
28	441 Caroline Ho	Crofton Hous	4.86m
29	774 Sadie Joyce	JL Crowe	4.80m
30	285 Priya Dhaliwal	Burnaby Cent	5.10m
31	1300 Kaitlyn Loo	Prince of Wa	4.93m
32	1476 Larissa Cote	Sardis School	4.74m

Event 57 Women Triple Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1343 Lidia Solecki	Quesnel JR S	8.89m
2	1287 Morgan Lawrence	Prince George	9.40m
3	1207 Lana Rummel	Oak Bay Seco	9.57m
4	589 Kyla Ladisla	Fleetwood Pa	9.55m
5	441 Caroline Ho	Crofton Hous	10.60m
6	335 Tyza Skuse	Carihi Secon	10.03m
7	626 Georgia McLean	George Elliot	10.11m
8	271 Kayden Piniewski	Brooks Secon	9.66m
9	608 Jolee Chan	Fraser Heigh	9.31m
10	206 Abigail Rauh	Argyle	9.53m
11	669 Claire Ambrozic	Handsworth	9.91m
12	1974 Charlie McCullough	Whistler	9.60m
13	98 Rachel Atsma	Abbotsford C	9.97m
14	1300 Kaitlyn Loo	Prince of Wa	10.54m
15	319 Shabnam Ghulam-M	Burnaby Nort	8.68m
16	1858 Abby Hackman	Vernon	9.53m
17	579 Katherine Keng	Eric Hamber	10.25m
18	1611 Kaylie Borntraeger	Southpointe	10.85m
19	1241 Kennedy Primrose	Pacific Acad	11.13m
20	412 Madison Grim	Credo Christ	9.85m
21	700 Adaisha Beals	Hatzic Secon	10.07m
22	956 Karina Shuen	Lord Byng	10.53m
23	1920 Carys Menard	Wellington S	9.44m
24	2041 Maddie Yee	York House S	10.07m
25	2046 Adria Sellers	York House S	10.23m
26	941 Jolie Griffin	Lord Byng	9.75m
27	107 Raya Brandsma	Abbotsford C	9.52m
28	1461 Jordan King	Salmon Arm S	9.41m
29	210 Chloe Zandberg	Argyle	9.62m
30	1151 Anja Tjernagel	New Westmins	9.83m
31	1921 Madison Paugh	Wellington S	10.75m
32	1801 Michelle Ritter	Valleyview S	9.27m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 62 Women Shot Put 3 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1378 Isobel Bray	Revelstoke	9.58m
2	1114 Kenzie Cameron	Nanaimo Dist	8.60m
3	1496 Isabelle Forsyth	Semiahmoo Se	12.72m
4	1994 Jessica Chen	Windsor - No	7.73m
5	192 Amanda Anzulovich	Archbishop C	10.05m
6	1434 Breanne Campbell	Sa-Hali	8.75m
7	391 Kara Hanson	Correliu	10.16m
8	1564 Jasmin Bhandal	Sir Winston	11.22m
9	387 Destiny Bautista	Correliu	8.63m
10	1030 Anya Peters	Mei Secondar	9.92m
11	1219 Kali Halvorson	Okanagan	10.89m
12	132 Eileen Noordam	Abbotsford C	9.90m
13	666 Erin Hansen	GW Graham -	9.57m
14	1588 Logan Unruh	Smithers Sec	9.82m
15	147 Ruth Van Egmond	Abbotsford C	9.59m
16	1451 Gabby Panzetta	STA	7.97m
17	175 Bella Hall	Alberni Dist	10.04m
18	307 Elisa Geitner	Burnaby Moun	8.62m
19	166 Cally Melnyk	Aberdeen Hal	10.10m
20	527 Brianna Sampson	Ecole Herita	9.91m
21	962 Hailey Vanderhaeghe	Lord Byng	10.02m
22	145 Kylah Tuin	Abbotsford C	7.13m
23	645 Zoe Ey	Gold River S	8.42m
24	734 Itohan Ologhola	Holy Cross R	9.54m
25	1371 Vicki Wideski	R.A. McMath	10.89m
26	1514 Juliana Angel	Sentinel	8.04m
27	436 Charleigh Cohee	Crofton Hous	10.33m
28	777 Jendaya Shields	JL Crowe	ND
29	275 Teela Trottier	Brooks Secon	8.85m
30	1083 Wishva Kosgoda	Mount Dougla	8.93m
31	1028 Marijke Meindertma	Mei Secondar	9.51m

Event 87 Women Discus Throw 1 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	990 Kaia Haintz	Maple Ridge	20.86m
2	1564 Jasmin Bhandal	Sir Winston	29.68m
3	527 Brianna Sampson	Ecole Herita	25.58m
4	166 Cally Melnyk	Aberdeen Hal	26.47m
5	1371 Vicki Wideski	R.A. McMath	26.87m
6	1219 Kali Halvorson	Okanagan	26.82m
7	1253 Alexis Van Den Bulk	Parkland Sec	22.76m
8	1439 Mya Mack	Sa-Hali	20.58m
9	1496 Isabelle Forsyth	Semiahmoo Se	35.91m
10	306 Amber Craig	Burnaby Moun	19.25m
11	353 Jessi Cleverley	Charles Bloom	19.82m
12	1451 Gabby Panzetta	STA	20.80m
13	673 Zoe Brown	Handsworth	17.13m
14	777 Jendaya Shields	JL Crowe	ND
15	387 Destiny Bautista	Correliu	25.02m
16	1128 Bailey Rosnagel	Nanaimo Dist	23.44m
17	150 Ruth Vanegmond	Abbotsford C	19.02m
18	1663 Rhianna Parcon	ST Thomas Mo	19.68m
19	915 Livleen Randhawa	Langley Fund	24.17m
20	192 Amanda Anzulovich	Archbishop C	21.09m
21	1114 Kenzie Cameron	Nanaimo Dist	27.14m
22	1083 Wishva Kosgoda	Mount Dougla	27.01m
23	185 Lacey Edwards	Aldergrove C	20.45m
24	1156 Keerat Dhillon	North Delta	28.70m
25	175 Bella Hall	Alberni Dist	26.16m
26	1023 Joyce Ko	Mei Secondar	20.81m
27	1055 Emily Wieland	Mission Seco	28.28m
28	1967 Ella Crawford	Whistler	17.75m
29	436 Charleigh Cohee	Crofton Hous	24.93m
30	1030 Anya Peters	Mei Secondar	23.55m
31	818 Cheza Cabato	Killarney	21.08m
32	391 Kara Hanson	Correliu	18.35m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 92 Women Hammer Throw 3 kg Junior**

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	298 Alysha Sidhu	Burnaby Cent		14.67m
2	635 Emma Hillaby	Glenbrook Mi		16.04m
3	1985 Magdalia Reyad	White Rock C		16.22m
4	673 Zoe Brown	Handsworth		19.10m
5	1328 Nikita Salas	Queen Elizab		20.18m
6	1055 Emily Wieland	Mission Seco		20.83m
7	1447 Natalie Pinto	Saint John P		21.97m
8	546 Nisa Hodgins	Klo Middle		23.45m
9	1319 Gina Martin	Quamichan Sc		23.61m
10	1027 Jasmine Mann	Mei Secondar		24.21m
11	404 Victoria Dailey	Cowichan Sec		24.33m
12	145 Kylah Tuin	Abbotsford C		24.70m
13	275 Teela Trottier	Brooks Secon		25.26m
14	1341 Olivia Momer	Quesnel JR S		26.36m
15	628 Ocean Price	George Elliot		27.05m
16	462 Emma Postlethwaite	David Thompson		27.92m
17	387 Destiny Bautista	Correlieu		30.24m
18	1042 Tiara Dickson-Kowal	Mission Seco		30.38m
19	527 Brianna Sampson	Ecole Herita		31.49m
20	1083 Wishva Kosgoda	Mount Dougla		36.25m
21	1156 Keerat Dhillon	North Delta		36.90m
22	1219 Kali Halvorson	Okanagan		37.96m
23	1564 Jasmin Bhandal	Sir Winston		40.61m
24	1388 Cassidy Legebokow	Revelstoke		41.85m
25	175 Bella Hall	Alberni Dist		43.44m

Event 75 Women Javelin Throw 500 gram Junior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	1406 Sophia Burbee	Reynolds Sec		25.01m
2	312 Teodora Lojpur	Burnaby Moun		27.42m
3	1777 Kylie Kampman	Unity Christ		32.41m
4	1394 Paige McKenzie	Revelstoke		27.39m
5	1388 Cassidy Legebokow	Revelstoke		32.35m
6	194 Erin Clemens	Archbishop C		28.50m
7	1128 Bailey Rossnagel	Nanaimo Dist		25.72m
8	1742 Tayla Ingram	Summerland		28.61m
9	952 Jazzy Oldham	Lord Byng		22.03m
10	147 Ruth Van Egmond	Abbotsford C		26.44m
11	1776 Lili Hardy	Unity Christ		27.44m
12	391 Kara Hanson	Correlieu		26.06m
13	1588 Logan Unruh	Smithers Sec		35.82m
14	1367 Meghan Smith	R.A. McMath		25.34m
15	1341 Olivia Momer	Quesnel JR S		24.04m
16	200 Sophie McLennan	Argyle		21.03m
17	1280 Liepa Bajarunas	Port Moody S		34.10m
18	1484 Hannah Linder	Sardis School		22.42m
19	777 Jendaya Shields	JL Crowe		ND
20	1043 Isabel Gerbrand	Mission Seco		31.92m
21	624 Ashley Higgins	George Elliot		28.07m
22	712 Madison Chiang-Tsui	Heritage Woo		30.35m
23	118 Kacey Dejong	Abbotsford C		24.93m
24	1994 Jessica Chen	Windsor - No		18.34m
25	474 Sonya Urbanowicz	Dover Bay Se		31.07m
26	1374 Hailey Wilde	RE Mountain		25.93m
27	921 Natalie Hui	Little Flowe		29.78m
28	461 Kayla Tang	David Thomps		19.10m
29	801 Anna Dewynter	Kelowna		34.72m
30	1451 Gabby Panzetta	STA		22.43m
31	732 Alexandra Kennedy	Holy Cross R		25.47m
32	1921 Madison Paugh	Wellington S		33.35m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 109 Women 1500 Meter Race Walk Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	472 Lundman Olivia	Dover Bay Se	7:14.80
2	838 Dionna Ly	Killarney	8:20.27
3	1553 Vivian Naumenko	Sir Charles	8:28.00
4	990 Kaia Haintz	Maple Ridge	8:33.59
5	818 Cheza Cabato	Killarney	8:48.19
6	110 Liv Bullett	Abbotsford C	8:49.86
7	1315 Margo Blumel	Quamichan Sc	8:50.40
8	1013 Aasiah Houle	Mei Middle S	9:01.65
9	2023 Kiera Diotte	Yale Secondary	9:14.99
10	1471 Ana Jurado Ballestros	Sands Second	9:30.09
11	591 Tanvi Pandhi	Fleetwood Pa	9:31.07
12	142 Camryn Spyksma	Abbotsford C	9:33.36
13	463 Jessica Rude	Dawson Creek	9:34.70
14	1655 Isabella Laing	ST Thomas Mo	9:45.30
15	552 Sara Sowinski	Klo Middle	9:45.86
16	821 Chantelle Dass	Killarney	9:49.30
17	708 Destiny Drouin	Heritage Christi	9:56.71
18	553 Amy Turton	Klo Middle	9:56.91
19	232 Chloe Cady	Brentwood Co	10:03.80
20	1211 Johanna Weir	Oak Bay Seco	10:16.40
21	346 Evelyn Trepke	Cedar Commun	10:28.40
22	1670 Annette Yu	ST Thomas Mo	10:43.00
23	1329 Cindy Tran	Queen Elizab	10:45.51
24	307 Elisa Geitner	Burnaby Moun	12:01.30
25	298 Alysha Sidhu	Burnaby Cent	12:06.60
26	241 Yalda Bakhtiari	Brockton	12:56.12
27	253 Carley Sweet	Brockton	13:49.46
28	598 Erika Biddlecombe	Fort Nelson	13:51.09

Event 31 Women 100 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	718 Kylea Knubley	Highland Sec	13.55
2	1271 Sophia Ezzemouri	Pleasant Val	13.42
3	215 Juliette Desvaux	Ballenas Sec	13.02
4	1327 Jasneet Nijjar	Queen Elizab	12.68
5	916 Sheleena Wiley	Langley Fund	12.88
6	282 Dominique Ronse	Brookswood	13.22
7	501 Erica Turgeon	Duchess Park	13.62
8	1756 Ghazal Rezaei	Sutherland	13.96
Heat 2 of 4 Prelims			
1	508 Mikaela Balla	Earl Marriot	13.55
2	1190 Taleesha Hall	Oak Bay Seco	13.42
3	1889 Jordan Jacobs	Walnut Grove	13.03
4	809 Kenaysha Lyder	Kelowna	12.69
5	996 Alina Olson	Maple Ridge	12.87
6	831 Katelyn Lafleur	Killarney	13.17
7	492 Amara Duncan	Dr. Charles	13.67
8	1437 Helen Geise	Sa-Hali	13.77

Heat 3 of 4 Prelims

1	325 Katelyn Malmquist	Burnaby Sout	13.51
2	452 Bridget Spencer	Crofton Hous	13.45
3	794 Ashley Overby	Kelowna Christia	13.05
4	849 Jesse Taylor	Killarney	12.81
5	1871 Amy Naldrett	W.J	12.86
6	828 Amanda Jin	Killarney	13.06
7	477 Taigan Wheele	DP Todd	13.68
8	1943 Fiora Papalia	West Van	13.75

Heat 4 of 4 Prelims

1	1370 Samantha Trueman	R.A. McMath	13.57
2	430 Maya Cardey	Crofton Hous	13.30
3	1186 Olivia Fenton	Oak Bay Seco	12.95
4	1724 Angelina Shandro	St. Michaels	12.41
5	1274 Jaeda Ostoforoff	Pleasant Val	12.88
6	364 Jesula McCallum	Chilliwack S	13.28
7	1969 JJ Deane	Whistler	13.61
8	1627 Abby Hughes	Sparwood	14.08

Event 49 Women 200 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	452 Bridget Spencer	Crofton Hous	27.95
2	1943 Fiora Papalia	West Van	27.89
3	369 Rebecca Dutchak	Claremont	26.94
4	1889 Jordan Jacobs	Walnut Grove	26.18
5	1185 Makayla Dickinson	Oak Bay Seco	26.34
6	440 Natalie Hill	Crofton Hous	26.96
7	575 Audrey Basic	Eric Hamber	28.66
8	1756 Ghazal Rezaei	Sutherland	28.70
Heat 2 of 4 Prelims			
1	2002 Maria Karpova	Windsor - No	28.25
2	158 Linnea Zimmer	Abbotsford C	27.53
3	809 Kenaysha Lyder	Kelowna	26.60
4	1724 Angelina Shandro	St. Michaels	24.96
5	215 Juliette Desvaux	Ballenas Sec	26.47
6	519 Angela Peters	Earl Marriot	27.41
7	1190 Taleesha Hall	Oak Bay Seco	28.25
8	615 Paige Allen	Fraser Lake	30.69
Heat 3 of 4 Prelims			
1	448 Ashton Piller	Crofton Hous	27.98
2	1356 Morgan Game	R.A. McMath	27.78
3	592 Manreet Sangha	Fleetwood Pa	26.86
4	916 Sheleena Wiley	Langley Fund	25.89
5	1927 Logan Fung	West Point G	26.44
6	457 Aneesha Sran	Dasmesh Punj	27.20
7	1437 Helen Geise	Sa-Hali	28.49
8	477 Taigan Wheele	DP Todd	28.93

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Heat 4 of 4 Prelims...(Event 49 Women 200 Meter Dash**

1	794 Ashley Overby	Kelowna Christia	28.00
2	325 Katelyn Malmquist	Burnaby Sout	27.54
3	282 Dominique Ronse	Brookwood	26.81
4	1327 Jasneet Nijjar	Queen Elizab	25.48
5	1274 Jaeda Ostoforoff	Pleasant Val	26.44
6	492 Amara Duncan	Dr. Charles	27.21
7	1726 Cordel Tromp	St. Michaels	28.29
8	2019 Jessie Markin	Seaton	29.76

Event 9 Women 400 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Lane Name Team Seed Time****Heat 1 of 4 Prelims**

1	630 Rachel Weiss	George Elliot	1:04.07
2	1415 Olivia McDonell	Riverside Se	1:03.95
3	935 Bridgette Baziw	Lord Byng	1:02.93
4	1623 Cayla Smith	Southridge S	59.37
5	1556 Freya Savage	Sir Charles	1:01.05
6	448 Ashton Piller	Crofton Hous	1:03.05
7	1364 Mackenzie Morton	R.A. McMath	1:06.36
8	586 Fynn La Boucan	Esquimalt	1:09.05

Heat 2 of 4 Prelims

1	263 Camryn Cline	Brooks Secon	1:04.86
2	158 Linnea Zimmer	Abbotsford C	1:03.82
3	1549 Maya Friesen	Sir Charles	1:01.60
4	440 Natalie Hill	Crofton Hous	59.00
5	352 Natasha Smigelski	Centennial S	1:01.11
6	810 Lindsay Maier	Kelowna	1:03.12
7	1453 Mary-Beth	STA	1:05.96
8	2020 Mollie Markin	Seaton	1:11.86

Heat 3 of 4 Prelims

1	284 Maneesha Dhaliwal	Burnaby Cent	1:05.30
2	467 Emily Friesen	Dover Bay Se	1:03.41
3	1894 Samantha	Walnut Grove	1:01.58
4	1724 Angelina Shandro	St. Michaels	55.69
5	992 Khyra Le	Maple Ridge	1:01.57
6	558 Emma Kearns	Ecole Salish	1:03.33
7	1726 Cordel Tromp	St. Michaels	1:05.81
8	2018 Emma Markin	Seaton	1:15.07

Heat 4 of 4 Prelims

1	1098 Madeline Renner	Mulgrave	1:04.03
2	492 Amara Duncan	Dr. Charles	1:04.00
3	1951 Mia Zurkovic	West Van	1:02.95
4	1927 Logan Fung	West Point G	1:00.50
5	1021 Cassidy Hutchison	Mei Secondar	1:00.78
6	519 Angela Peters	Earl Marriot	1:02.95
7	1108 Kiley Waterfield	Nakusp	1:07.98
8	569 Sacha Stipec	Elphinstone	1:08.61

Event 41 Women 800 Meter Run Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Lane Name Team Seed Time****Heat 1 of 4 Prelims**

1	1414 Shelby Connolly	Riverside Se	2:40.60
2	467 Emily Friesen	Dover Bay Se	2:29.39
3	1951 Mia Zurkovic	West Van	2:24.64
4	339 Sophie Konrad	Carson Graha	2:15.56
5	1021 Cassidy Hutchison	Mei Secondar	2:21.17
6	204 Charlotte Prangley	Argyle	2:28.36
7	1473 Savannah Bakes	Sardis School	2:46.44

Heat 2 of 4 Prelims

1	630 Rachel Weiss	George Elliot	2:36.77
2	1909 Lina Shalaby	Walnut Grove	2:32.49
3	1755 Alicia Ranahan	Sutherland	2:25.89
4	908 Brooke Mussche	Langley Chri	2:16.90
5	934 Bridgett Baziw	Lord Byng	2:19.27
6	902 Leah Bakker	Langley Chri	2:26.22
7	1359 Elizabeth Kennedy	R.A. McMath	2:52.86

Heat 3 of 4 Prelims

1	1493 Sydney Wilson	Selkirk	2:42.20
2	1682 Shaeleen Mihalynuk	St. Andrews'	2:29.32
3	1208 Katharina Schonn	Oak Bay Seco	2:23.76
4	1196 Alisa Lyesina	Oak Bay Seco	2:10.70
5	352 Natasha Smigelski	Centennial S	2:21.50
6	1418 Natalie Sokol-Snyder	Rockridge	2:28.61
7	864 Jessica Roodzant	King's Chris	2:44.16

Heat 4 of 4 Prelims

1	1169 Rachael Liang	Notre Dame R	2:39.00
2	1067 Farideh McDonald	Mount Boucherie	2:31.22
3	1415 Olivia McDonell	Riverside Se	2:25.52
4	926 Ceili McCabe	Little Flowe	2:15.90
5	1719 Izzy Champion	St. Michaels	2:21.02
6	1549 Maya Friesen	Sir Charles	2:27.85
7	1399 Nyssa Thomas	Revelstoke	2:48.74

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 13 Women 1500 Meter Run Senior****12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 2 Prelims

1	1849 Kendra Lewis	Vancouver Te	4:34.87
2	908 Brooke Mussche	Langley Chri	4:43.49
3	1870 Rachel Mortimer	W.J	4:43.77
4	1181 Delaney Chan	Oak Bay Seco	4:53.09
5	1881 Grace Chalk	Walnut Grove	4:53.11
6	1755 Alicia Ranahan	Sutherland	4:58.27
7	1179 Sarah Bryan	Oak Bay Seco	4:59.35
8	694 Erica Smith	Handsworth	5:01.16
9	568 Kallalei Ryden	Elphinstone	5:02.46
10	204 Charlotte Prangley	Argyle	5:06.08
11	1516 Gabrielle	Sentinel	5:08.01
12	2044 Emily MacGowan	York House S	5:26.10
13	290 Christina Heslop	Burnaby Cent	5:32.98
14	1493 Sydney Wilson	Selkirk	5:40.20
15	1359 Elizabeth Kennedy	R.A. McMath	5:43.59
16	625 Teghan Ingles	George Elliot	5:50.80

Heat 2 of 2 Prelims

1	339 Sophie Konrad	Carson Graha	4:39.14
2	1196 Alisa Lyesina	Oak Bay Seco	4:41.86
3	1717 Colette Reimer	St. Margaret's S	4:49.37
4	902 Leah Bakker	Langley Chri	4:52.32
5	2015 Annika Ariano	Seaton	4:53.36
6	1110 Rachel Ward	Nanaimo Chri	4:57.70
7	1418 Natalie Sokol-Snyder	Rockridge	5:00.17
8	1266 Maggie Graydon	Pitt Meadows	5:00.42
9	1527 Emma Jean Neal	Sentinel	5:03.79
10	2016 Natalya Ariano	Seaton	5:05.97
11	1432 Jaxon Slaney	Rutland Senior S	5:08.93
12	1883 Daylana Ferguson	Walnut Grove	5:10.18
13	1751 Kylie Heffring	Sutherland	5:36.35
14	938 Sara Cotter	Lord Byng	5:37.85
15	2047 Olivia Uliana	York House S	5:47.40
16	1007 Linnaea Swets	McBride Seco	5:49.45

Event 53 Women 3000 Meter Run Senior

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	1849 Kendra Lewis	Vancouver Te	9:53.36
2	1308 Baneet Bains	Princess Mar	10:17.32
3	2015 Annika Ariano	Seaton	10:17.54
4	1870 Rachel Mortimer	W.J	10:20.36
5	1620 Maya Kobylanski	Southridge S	10:26.84
6	1717 Colette Reimer	St. Margaret's S	10:28.09
7	1491 Hanna Milic	Seaquam Seah	10:38.06
8	738 Madison Stoochnoff	Holy Cross R	10:38.95
9	1181 Delaney Chan	Oak Bay Seco	10:41.70
10	1881 Grace Chalk	Walnut Grove	10:42.67
11	1266 Maggie Graydon	Pitt Meadows	10:42.95
12	999 Ilse Rafter	Maple Ridge	10:45.33
13	2016 Natalya Ariano	Seaton	10:51.49
14	568 Kallalei Ryden	Elphinstone	10:53.09
15	1527 Emma Jean Neal	Sentinel	10:53.18
16	1905 Naomi Residorf	Walnut Grove	10:56.34
17	694 Erica Smith	Handsworth	10:56.37
18	1516 Gabrielle	Sentinel	11:02.62
19	1883 Daylana Ferguson	Walnut Grove	11:07.27
20	1519 Jade Clement	Sentinel	11:07.89
21	1432 Jaxon Slaney	Rutland Senior S	11:09.96
22	1110 Rachel Ward	Nanaimo Chri	11:09.98
23	1179 Sarah Bryan	Oak Bay Seco	11:10.32
24	686 Johanne Klingenberg	Handsworth	11:10.74
25	224 Maddie Gibson	BC Christian	11:15.55
26	2044 Emily MacGowan	York House S	11:53.50
27	470 Sarah Luedke	Dover Bay Se	11:55.41
28	1559 Piper Trounce	Sir Charles	11:59.28
29	290 Christina Heslop	Burnaby Cent	12:02.40
30	1607 Hanneli Ladyman	South Kam	12:13.54
31	296 Nuzhat Rahman	Burnaby Cent	12:33.40
32	619 Christina Morris	Fraser Lake	15:38.35

Event 25 Women 100 Meter Hurdles Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	920 Alyssa Eng	Little Flowe	19.76
2	652 Angeliqne Kennedy	GP Vanier	18.24
3	1555 Halle Petek	Sir Charles	17.02
4	1228 Muriel Stroda	Okanagan	15.21
5	1449 Caleigh O'Flaherty	STA	15.68
6	2002 Maria Karpova	Windsor - No	17.56
7	1987 Naho Shimizu	White Rock C	22.41

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Heat 2 of 4 Prelims...(Event 25 Women 100 Meter)

1	108 Sarah Breukelman	Abbotsford C	19.39
2	923 Maya Landero-Van	Little Flowe	18.97
3	806 Madelyn Hettinga	Kelowna	17.22
4	495 Carly Seemann	Dr. Charles	15.47
5	261 Samantha Baron	Brooks Secon	15.47
6	571 Karman Kang	Enver Creek	17.45
7	305 Samiksha Chand	Burnaby Moun	27.74

Heat 3 of 4 Prelims

1	1518 Grace Cheung	Sentinel	20.60
2	787 Annabella Zarow	Jules-Verne	18.08
3	1274 Jaeda Ostoforoff	Pleasant Val	15.94
4	1327 Jasneet Nijjar	Queen Elizab	15.07
5	1887 Holly Harrison	Walnut Grove	15.84
6	1325 Rehema Ivan	Queen Elizab	17.86
7	213 Lea Buchler	Ballenas Sec	20.94

Heat 4 of 4 Prelims

1	1624 Isabelle Beaune	Sparwood	19.90
2	995 Shelby Milliard	Maple Ridge	18.08
3	900 Mimosa Schulz	Lambrick Par	16.34
4	1244 Jaziel Tunti	Pacific Acad	15.09
5	592 Manreet Sangha	Fleetwood Pa	15.79
6	864 Jessica Roodzant	King's Chris	17.77
7	284 Maneesha Dhaliwal	Burnaby Cent	22.24

Event 105 Women 400 Meter Hurdles Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	900 Mimosa Schulz	Lambrick Par	1:18.32
2	513 Kathryn Haley	Earl Marriot	1:16.10
3	1141 Emma Dolman	New Westmins	1:13.04
4	495 Carly Seemann	Dr. Charles	1:07.21
5	1449 Caleigh O'Flaherty	STA	1:07.27
6	1555 Halle Petek	Sir Charles	1:13.35
7	373 Rebecca Vowles	Claremont	1:27.30

Heat 2 of 4 Prelims

1	127 Erin Howard	Abbotsford C	1:19.81
2	864 Jessica Roodzant	King's Chris	1:15.37
3	558 Emma Kearns	Ecole Salish	1:11.25
4	1916 Prabhasha	Walnut Grove	1:05.47
5	810 Lindsay Maier	Kelowna	1:09.62
6	214 Elise Cole	Ballenas Sec	1:14.00
7	920 Alyssa Eng	Little Flowe	1:24.60

Heat 3 of 4 Prelims

1	1488 Esme Markey	Sardis School	1:20.55
2	1354 Danielle Cosco	R.A. McMath	1:15.24
3	652 Angelique Kennedy	GP Vanier	1:11.25
4	261 Samantha Baron	Brooks Secon	1:05.07
5	573 Nanaki Sangha	Enver Creek	1:10.19
6	1559 Piper Trounce	Sir Charles	1:14.67
7	1758 Ivrn Rai	Tamanawis Se	1:22.56

Heat 4 of 4 Prelims

1	2020 Mollie Markin	Seaton	1:19.81
2	923 Maya Landero-Van	Little Flowe	1:15.90
3	1131 Elise Therrien	Nanaimo Dist	1:11.69
4	1623 Cayla Smith	Southridge S	1:07.19
5	806 Madelyn Hettinga	Kelowna	1:08.94
6	524 Nicole Zietlow	Earl Marriot	1:13.52
7	685 Natalie Jones	Handsworth	1:24.68

Event 33 Women 1500 Meter Steeplechase Senior

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	1559 Piper Trounce	Sir Charles	6:00.13
2	678 Ericka Edgell	Handsworth	6:03.84
3	1908 Emma Rolfson	Walnut Grove	6:04.03
4	377 Dora Chan	Clayton Heig	6:05.57
5	1076 Janet Dawson	Mount Dougla	6:06.69
6	1456 Maggie Beckner	Salmon Arm S	6:26.15
7	228 Sophia Lewis	Belmont Seco	6:26.30
8	805 Kelsey Hanson	Kelowna	6:42.00
10	290 Christina Heslop	Burnaby Cent	5:58.90

Section 2 of 2 Finals

1	1620 Maya Kobylanski	Southridge S	5:01.80
2	1308 Baneet Bains	Princess Mar	5:02.85
3	1491 Hanna Milic	Seaquam Seah	5:11.54
4	926 Ceili McCabe	Little Flowe	5:15.80
5	573 Nanaki Sangha	Enver Creek	5:20.36
6	738 Madison Stoochnoff	Holy Cross R	5:27.91
7	403 Jessica Castle	Cowichan Sec	5:29.43
8	1110 Rachel Ward	Nanaimo Chri	5:32.77
9	224 Maddie Gibson	BC Christian	5:36.72
10	1294 Nikki Field	Prince of Wa	5:40.10
11	1519 Jade Clement	Sentinel	5:40.40
12	1099 Madi Renner	Mulgrave	5:40.71
13	1904 Naomi Reisdorf	Walnut Grove	5:40.89
14	686 Johanne Klingenberg	Handsworth	5:43.33
15	999 Ilse Rafter	Maple Ridge	5:44.61
16	1682 Shaeleen Mihalynuk	St. Andrews'	5:46.67

Event 21 Women 4x100 Meter Relay Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Mount Dougla	A	55.27
2	Whistler	A	54.16
3	Little Flowe	A	52.35
4	Kelowna Secondar	A	50.45
5	Langley Fund	A	50.85
6	Abbotsford C	A	52.96
7	Credo Christ	A	57.86

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Heat 2 of 4 Prelims... (Event 21 Women 4x100 Meter)**

1	Brockton	A	55.36
2	Duchess Park	A	54.15
3	Crofton Hous	B	51.71
4	Earl Marriot	B	50.25
5	Maple Ridge	A	50.92
6	Eric Hamber	A	53.09
7	Carihi Secon	A	56.10

Heat 3 of 4 Prelims

1	Alberni Dist	A	54.41
2	Crofton Hous	A	54.19
3	Pleasant Val	A	52.73
4	Oak Bay Seco	A	50.66
5	Killarney	A	50.79
6	W.J	A	52.76
7	Rutland Senior S	A	1:00.89
8	Mission Seco	A	NT

Heat 4 of 4 Prelims

1	West Van	A	55.56
2	Nanaimo Dist	A	53.30
3	New Westmins	A	51.33
4	Walnut Grove	A	49.78
5	Walnut Grove	B	51.13
6	STA	A	53.30
7	Earl Marriot	A	56.00

Event 35 Women 4x400 Meter Relay Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Lane Team Relay Seed Time****Heat 1 of 4 Prelims**

1	Walnut Grove	B	4:40.26
2	STA	A	4:30.33
3	Little Flowe	A	4:20.00
4	Oak Bay Seco	A	4:03.54
5	Earl Marriot	B	4:19.56
6	Mount Dougla	A	4:28.40
7	Earl Marriot	A	4:41.79

Heat 2 of 4 Prelims

1	Handsworth	A	4:38.55
2	Walnut Grove	C	4:34.81
3	Lord Tweedsm	A	4:22.38
4	Sir Charles	A	4:09.21
5	Maple Ridge	A	4:17.61
6	Killarney	A	4:26.89
7	Sardis School	A	4:47.99

Heat 3 of 4 Prelims

1	George Elliot	A	4:39.86
2	Seaton	A	4:32.60
3	W.J	A	4:20.05
4	Walnut Grove	A	4:08.18
5	Abbotsford C	A	4:19.37
6	West Van	A	4:27.16
7	Kelowna Secondar	A	4:43.68

Heat 4 of 4 Prelims

1	Duchess Park	A	4:37.27
2	Elphinstone	A	4:35.15
3	Dover Bay Se	A	4:25.80
4	St. Michaels	A	4:11.81
5	Crofton Hous	A	4:17.40
6	Sentinel	A	4:25.88
7	Tamanawis Se	A	4:49.69

Event 70 Women High Jump Senior**Pos Name Team Seed Mark****Flight 1 of 1 Finals**

1	670 Lea Angelino	Handsworth	1.15m
2	1244 Jaziel Tunti	Pacific Acad	1.60m
3	714 Kiara Kozak	Heritage Woo	1.50m
4	803 Kailey Fejer	Kelowna	1.40m
5	162 Chantel Bennett	Aberdeen Hal	1.30m
6	444 Amanda Lee	Crofton Hous	1.35m
7	1723 Therese Mortejo	St. Michaels	1.25m
8	582 Meghan Papineau	Eric Hamber	1.45m
9	677 Valentina Di Bernardo	Handsworth	1.05m
10	284 Maneesha Dhaliwal	Burnaby Cent	1.45m
11	364 Jesula McCallum	Chilliwack S	1.50m
12	1887 Holly Harrison	Walnut Grove	1.60m
13	1198 Eilla Mickelberry	Oak Bay Seco	1.50m
14	1045 Hannah Johnston	Mission Seco	1.45m
15	1272 Payton Hansma	Pleasant Val	1.40m
16	1273 Morgan Mills	Pleasant Val	1.55m
17	849 Jesse Taylor	Killarney	1.50m
18	358 Michaila Hatfield	Chetwynd Sen	1.35m
19	522 Shaunika Suriya	Earl Marriot	1.55m
20	617 Dominique Lorange	Fraser Lake	1.25m
21	900 Mimosa Schulz	Lambrick Par	1.40m
22	613 Deborah Schermann	Fraser Heigh	1.45m
23	103 Cassie Brandsma	Abbotsford C	1.55m
24	420 Martha Mass	Credo Christ	1.30m
25	1003 Mickeely Rippin	Maria Montes	1.30m

Event 73 Women Pole Vault Senior**Pos Name Team Seed Mark****Flight 1 of 1 Finals**

1	1187 Jade Forrest	Oak Bay Seco	2.75m
2	523 Olivia Van Ryswyk	Earl Marriot	3.20m
3	108 Sarah Breukelman	Abbotsford C	2.20m
4	1691 Linh Tran	St. Andrews'	2.15m
5	1082 Hayley Johnston	Mount Dougla	2.00m
6	518 Macey Michaud	Earl Marriot	2.90m
7	629 Leonie Steigenbergen	George Elliot	1.70m
8	1210 Annika Weir	Oak Bay Seco	2.30m
9	1112 Julina Benjamin	Nanaimo Dist	2.90m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 64 Women Long Jump Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	106 Johannah Brandsma	Abbotsford C	4.51m
2	1011 Chisom Obioha	Meadowridge	5.07m
3	93 Harmony Ip	A.R. MacNeil	4.08m
4	630 Rachel Weiss	George Elliot	4.50m
5	444 Amanda Lee	Crofton Hous	4.20m
6	687 Claire Pan	Handsworth	4.94m
7	369 Rebecca Dutchak	Claremont	5.18m
8	522 Shaunika Suriya	Earl Marriot	4.97m
9	1112 Julina Benjamin	Nanaimo Dist	4.70m
10	1916 Prabhasha	Walnut Grove	5.19m
11	182 Rebecca Suits	Alberni Dist	4.39m
12	1273 Morgan Mills	Pleasant Val	4.79m
13	1123 Makayla Mitchell	Nanaimo Dist	4.59m
14	1228 Muriel Stroda	Okanagan	5.11m
15	408 Lexi Geertsma	Credo Christ	4.45m
16	803 Kailey Fejer	Kelowna	4.89m
17	1449 Caleigh O'Flaherty	STA	4.84m
18	1627 Abby Hughes	Sparwood	4.33m
19	978 Danielle Waller	Lord Tweedsm	5.20m
20	966 Kristina Bonface	Lord Tweedsm	3.74m
21	382 Julia Rastad	Collingwood	5.09m
22	501 Erica Turgeon	Duchess Park	4.62m
23	121 Jaelyn Dragt	Abbotsford C	4.60m
24	828 Amanda Jin	Killarney	4.99m
25	499 Alison Mooreside	Duchess Park	4.26m
26	1185 Makayla Dickinson	Oak Bay Seco	4.91m
27	452 Bridget Spencer	Crofton Hous	4.52m
28	787 Annabella Zarow	Jules-Verne	4.86m
29	916 Sheleena Wiley	Langley Fund	5.15m
30	1887 Holly Harrison	Walnut Grove	5.05m
31	282 Dominique Ronse	Brookwood	4.88m
32	261 Samantha Baron	Brooks Secon	5.01m

Event 89 Women Triple Jump Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1330 Gabrielle Austin	Queen Margar	10.16m
2	899 Sarah Pike	Lambrick Par	8.08m
3	1285 Vaila Baxter	Prince George	9.21m
4	1185 Makayla Dickinson	Oak Bay Seco	11.39m
5	1475 Anne Biela	Sardis School	8.65m
6	1123 Makayla Mitchell	Nanaimo Dist	10.15m
7	995 Shelby Milliard	Maple Ridge	8.78m
8	1973 Nevada Knapton	Whistler	8.84m
9	571 Karman Kang	Enver Creek	9.26m
10	1780 Olivia Lounsbury	Unity Christ	9.06m
11	442 Catherine Jiang	Crofton Hous	9.29m
12	687 Claire Pan	Handsworth	9.57m
13	1131 Elise Therrien	Nanaimo Dist	10.64m
14	1497 Erin Geerlof	Semiahmoo Se	9.74m
15	1467 Kennedy Wiens	Salmon Arm S	9.17m
16	93 Harmony Ip	A.R. MacNeil	8.33m
17	106 Johannah Brandsma	Abbotsford C	9.93m
18	643 Liz Gilder	Gleneagle Se	8.93m
19	787 Annabella Zarow	Jules-Verne	10.33m
20	1627 Abby Hughes	Sparwood	9.24m
21	764 Sharon Yang	Howe Sound	8.24m
22	1932 Caitie McCullough	West Point G	9.66m
23	499 Alison Mooreside	Duchess Park	7.67m
24	1294 Nikki Field	Prince of Wa	9.59m
25	1298 Jessica Lau	Prince of Wa	9.80m
26	162 Chantel Bennett	Aberdeen Hal	8.45m
27	121 Jaelyn Dragt	Abbotsford C	9.78m
28	369 Rebecca Dutchak	Claremont	11.12m
29	409 Kayla Graham	Credo Christ	7.69m
30	803 Kailey Fejer	Kelowna	9.32m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 94 Women Shot Put 4 kg Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1646 Michelle Dadson	ST Thomas Mo	11.88m
2	1739 Dolly Gabri	Sullivan Hei	13.88m
3	1997 Kelsey Fisher	Windsor - No	8.70m
4	1143 Kaitlyn Hanger	New Westmins	9.76m
5	179 Kamryn McKean	Alberni Dist	8.55m
6	1079 Gwyneth Frederiksen	Mount Dougla	9.23m
7	99 Faith Baars	Abbotsford C	7.71m
8	152 Makenna Vanmuyen	Abbotsford C	8.72m
9	1528 Daniela Padres	Sentinel	7.05m
10	394 Lucy Jespersen	Correliou	7.06m
11	1645 Shiloh Corrales	ST Thomas Mo	12.34m
12	2027 Marisa MacDonald	Yale Secondary	8.59m
13	823 Dawn Dumas	Killarney	8.60m
14	765 Kyra Bates	Hugh McRober	10.16m
15	770 Maeve Koebel	Imm	8.46m
16	996 Alina Olson	Maple Ridge	9.96m
17	1440 Alina Saari	Sa-Hali	9.55m
18	576 Catherine Camparmo	Eric Hamber	7.48m
19	1016 Cailin Bitter	Mei Secondar	10.23m
20	221 Anna Tober	Ballenas Sec	8.45m
21	1671 Alyssa Blair	St. Andrews'	8.43m
22	1324 Hanna Dhillon	Queen Elizab	8.52m
23	991 Mateya Haintz	Maple Ridge	10.67m
24	399 Lexi Plante	Correliou	7.49m
25	354 Josie Sexsmith	Charles Bloom	9.80m
26	1154 Simran Bangar	North Delta	9.75m
27	101 Yelissa Beugelink	Abbotsford C	9.09m
28	382 Julia Rastad	Collingwood	8.53m
29	950 Shaye Maxwell	Lord Byng	9.60m
30	1720 Chika Duru	St. Michaels	8.03m
31	929 Athena Pucovsky	Little Flowe	8.88m
32	363 Mamoundu Mardis	Chilliwack S	8.93m

Event 59 Women Discus Throw 1 kg Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	362 Melissa	Chilliwack S	21.49m
2	625 Teghan Ingles	George Elliot	22.27m
3	1440 Alina Saari	Sa-Hali	27.28m
4	1997 Kelsey Fisher	Windsor - No	25.70m
5	1671 Alyssa Blair	St. Andrews'	32.49m
6	1720 Chika Duru	St. Michaels	24.13m
7	1646 Michelle Dadson	ST Thomas Mo	35.72m
8	1079 Gwyneth Frederiksen	Mount Dougla	33.71m
9	1645 Shiloh Corrales	ST Thomas Mo	30.36m
10	460 Melissa Lin	David Thomps	23.54m
11	368 Sarah Stewart	Chilliwack S	23.63m
12	1624 Isabelle Beaune	Sparwood	30.37m
13	161 Tanisha Gill	Abbotsford T	26.44m
14	685 Natalie Jones	Handsworth	18.97m
15	1369 Loretta Taylor	R.A. McMath	17.57m
16	390 Ally Fulton	Correliou	21.69m
17	354 Josie Sexsmith	Charles Bloom	26.14m
18	1429 Hailey Bamping	Rutland Senior S	26.15m
19	216 Libby Elliott	Ballenas Sec	27.61m
20	222 Joanna Waite	Ballenas Sec	25.42m
21	836 Kavin Li	Killarney	23.76m
22	910 Jenna Van Roekel	Langley Chri	21.73m
23	1918 Talyn Ziemer	Walnut Grove	25.84m
24	501 Erica Turgeon	Duchess Park	24.28m
25	405 Ann Clement	Credo Christ	21.44m
26	576 Catherine Camparmo	Eric Hamber	23.57m
27	1016 Cailin Bitter	Mei Secondar	25.77m
28	1739 Dolly Gabri	Sullivan Hei	40.91m
29	991 Mateya Haintz	Maple Ridge	35.46m
30	1528 Daniela Padres	Sentinel	17.83m
31	929 Athena Pucovsky	Little Flowe	22.14m
32	1730 Gabrielle Houle	Stellys	25.07m
33	1154 Simran Bangar	North Delta	29.10m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 78 Women Hammer Throw 4 kg Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	497 Emmelin Leclerc	Duchess Park		23.85m
2	1522 Kaylen Gill	Sentinel		17.02m
3	221 Anna Tober	Ballenas Sec		21.00m
4	363 Mamoundu Mardis	Chilliwack S		20.94m
5	1079 Gwyneth Frederiksen	Mount Dougla		37.09m
6	1865 Kihomi Adhemar	W.J		34.57m
7	99 Faith Baars	Abbotsford C		22.18m
8	2008 Brigid Patterson	Windsor - No		21.11m
9	933 Francesca Yep	Little Flowe		28.92m
10	887 Jillian Kroemer	Kwalikum Sec		30.40m
11	1646 Michelle Dadson	ST Thomas Mo		39.40m
12	991 Mateya Haintz	Maple Ridge		56.25m
13	399 Lexi Plante	Correliu		20.85m
14	1528 Daniela Padres	Sentinel		20.66m
15	1671 Alyssa Blair	St. Andrews'		43.12m
16	1209 Kiki Shafonsky	Oak Bay Seco		37.23m
17	1645 Shiloh Corrales	ST Thomas Mo		48.03m
18	362 Melissa	Chilliwack S		25.97m
19	1875 Sarah Webb	W.J		30.67m
20	161 Tanisha Gill	Abbotsford T		37.92m
21	1739 Dolly Gabri	Sullivan Hei		40.08m
22	367 Jasmine Soltys	Chilliwack S		32.66m
23	1143 Kaitlyn Hanger	New Westmins		37.83m
24	1400 Amy Whitty	Revelstoke		28.42m
25	320 Zuzanna Liniewski	Burnaby Nort		35.35m
26	163 Alisha Bhullar	Aberdeen Hal		10.45m
27	772 Annika Ford	JL Crowe		ND
28	860 Madison Dewitt	King's Chris		27.96m
29	890 Alena Woolnough	Kwalikum Sec		28.26m
30	218 Kate Morrison	Ballenas Sec		27.34m
31	101 Yelissa Beugelink	Abbotsford C		25.16m

Event 98 Women Javelin Throw 600 gram Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	1290 Abigail Buraga	Prince of Wa		27.85m
2	1228 Muriel Stroda	Okanagan		33.04m
3	354 Josie Sexsmith	Charles Bloom		31.71m
4	382 Julia Rastad	Collingwood		24.96m
5	1016 Cailin Bitter	Mei Secondar		29.81m
6	494 Georgia Hamnett	Dr. Charles		32.46m
7	1918 Talyn Ziemer	Walnut Grove		25.34m
8	511 Rori Denness	Earl Marriot		37.67m
9	1764 Elise Odegaard	Terry Fox Se		28.98m
10	497 Emmelin Leclerc	Duchess Park		27.81m
11	1294 Nikki Field	Prince of Wa		26.60m
12	595 Julia Ueda-Avarvarei	Fleetwood Pa		31.21m
13	1658 Mia Malinowski	ST Thomas Mo		35.43m
14	765 Kyra Bates	Hugh McRober		33.43m
15	1209 Kiki Shafonsky	Oak Bay Seco		35.40m
16	933 Francesca Yep	Little Flowe		23.61m
17	1997 Kelsey Fisher	Windsor - No		31.58m
18	1149 Lauryn Savela	New Westmins		33.52m
19	806 Madelyn Hettinga	Kelowna		28.21m
20	1970 Lilli Flach	Whistler		23.74m
21	221 Anna Tober	Ballenas Sec		26.27m
22	152 Makenna Vanmuyen	Abbotsford C		26.75m
23	360 Jasmine Agudelo	Chilliwack S		29.62m
24	179 Kamryn McKean	Alberni Dist		37.14m
25	216 Libby Elliott	Ballenas Sec		31.57m
26	1123 Makayla Mitchell	Nanaimo Dist		30.77m
27	1885 Erin Grywacheski	Walnut Grove		29.13m
28	263 Camryn Cline	Brooks Secon		33.10m
29	1285 Vaila Baxter	Prince George		26.17m
30	367 Jasmine Soltys	Chilliwack S		36.49m
31	1624 Isabelle Beaune	Sparwood		31.12m
32	510 Alanna Cunha	Earl Marriot		25.49m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 43 Women 1500 Meter Race Walk Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	1880 Cassidy Cardle	Walnut Grove	7:15.40
2	855 Joanna Yu	Killarney	7:32.91
3	833 Misato Law	Killarney	7:50.10
4	847 Evelyn Su	Killarney	8:03.79
5	1877 Josephine Bennett	Walnut Grove	8:13.37
6	824 Holly Fong	Killarney	8:20.30
7	825 Vicky Gong	Killarney	8:29.20
8	1210 Annika Weir	Oak Bay Seco	8:58.70
9	588 Jenna Goeres	Fleetwood Pa	9:01.57
10	852 Charlene Vu	Killarney	9:13.60
11	1546 Nola Cressman	Sir Charles	9:14.23
12	1046 Natalie Jorgensen	Mission Seco	9:15.00
13	714 Kiara Kozak	Heritage Woo	9:43.01
14	1890 Rosie Johnston	Walnut Grove	9:49.85
15	1665 Maria Sain	ST Thomas Mo	9:54.40
16	2047 Olivia Uliana	York House S	9:55.40
17	256 Elanne Viau	Brockton	9:56.73
18	713 Charlotte Hall	Heritage Woo	10:00.29
19	1750 Francesca Ferrara	Sutherland	10:01.24
20	157 Andrea Yang	Abbotsford C	10:09.31
21	840 Daisee Nguyen	Killarney	10:19.20
22	670 Lea Angelino	Handsworth	10:38.35
23	246 Emma Fairfield	Brockton	10:41.43
24	442 Catherine Jiang	Crofton Hous	10:56.86
25	1086 Esha Patria	Mount Dougla	11:15.60
26	1146 Cheyanne McLelland	New Westmins	13:55.40
27	619 Christina Morris	Fraser Lake	14:11.73
28	618 Hailey Matthew	Fraser Lake	14:15.62

Event 153 Women 100 Meter Run Special O

Top 8 Advance by Time			
Lane	Name	Team	Seed Time
Heat 1 of 1 Prelims			
4	544 Isabelle Gagne	Klo Middle	20.07

Event 155 Women 400 Meter Run Special O

Top 8 Advance by Time			
Lane	Name	Team	Seed Time
Heat 1 of 1 Prelims			
4	544 Isabelle Gagne	Klo Middle	1:55.40

Event 120 Men 100 Meter Dash Gr 8

8 Advance: Top 2 Each Heat plus Next 2 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	872 Arien Boey	Kitsilano	12.54
2	338 Alex Janke	Carson Graha	12.53
3	547 Lynden Infanti	Klo Middle	12.35
4	1526 Charles Lee	Sentinel	11.97
5	1469 Calib Gruninger	Samuel Rober	11.98
6	1837 Jose Luis Panopio	Vancouver Co	12.37
7	1684 Aaron Pareno	St. Andrews'	12.65
8	1355 Logan Duley	R.A. McMath	12.70
Heat 2 of 3 Prelims			
1	481 Isaac Gokiert	Dr Knox Midd	12.54
2	1132 Finn Valdez	Nanaimo Dist	12.49
3	1838 Jose Miguel Panopio	Vancouver Co	12.31
4	211 Krescyn Moonsamy	Aspengrove S	11.87
5	1353 Jackson Bradley	R.A. McMath	12.03
6	1891 Owen Jones	Walnut Grove	12.38
7	1736 Isaac Ng	Steveston Lo	12.59
8	965 David Yao	Lord Byng	12.70
Heat 3 of 3 Prelims			
1	340 Ian Reyes	Carson Graha	12.59
2	1819 Christopher Cao	Vancouver Co	12.47
3	1644 Kairo Chiang	ST Thomas Mo	12.20
4	997 Elijah Olson	Maple Ridge	11.60
5	379 Liam O'Donnell	Clayton Heig	12.08
6	464 Michael Fox	Delta Second	12.39
7	336 Jack Maryniuk	Carlin Middl	12.59
8	1362 Holt McFie	R.A. McMath	12.75

Event 122 Men 200 Meter Dash Gr 8

8 Advance: Top 2 Each Heat plus Next 2 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	295 Vincent Nguyen	Burnaby Cent	26.26
2	735 Jayamuni Silva	Holy Cross R	26.22
3	1551 Tom Lowe	Sir Charles	25.61
4	1353 Jackson Bradley	R.A. McMath	24.97
5	1891 Owen Jones	Walnut Grove	24.99
6	539 Santino Corbo	Klo Middle	25.62
7	1304 Ben Visser	Prince Ruper	26.50
8	311 Brendan Lim	Burnaby Moun	26.56
Heat 2 of 3 Prelims			
1	872 Arien Boey	Kitsilano	26.30
2	338 Alex Janke	Carson Graha	26.17
3	1819 Christopher Cao	Vancouver Co	25.59
4	211 Krescyn Moonsamy	Aspengrove S	24.70
5	1838 Jose Miguel Panopio	Vancouver Co	25.39
6	481 Isaac Gokiert	Dr Knox Midd	25.67
7	1132 Finn Valdez	Nanaimo Dist	26.42
8	1653 Varun Kothary	ST Thomas Mo	26.56

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Heat 3 of 3 Prelims...(Event 122 Men 200 Meter Dash Gr

1	1709 Teddy Tsoromocos	St. George's	26.30
2	1604 Sam Weir	South Delta	26.15
3	464 Michael Fox	Delta Second	25.48
4	379 Liam O'Donnell	Clayton Heig	24.17
5	1818 Ethan Beggs	Vancouver Co	25.42
6	336 Jack Maryniuk	Carlin Middl	25.93
7	344 Robbie Bollinger	Cedar Commun	26.41
8	665 Kalvin Singson	Guildford Pa	26.60

Event 124 Men 400 Meter Dash Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Lane Name Team Seed Time****Heat 1 of 3 Prelims**

1	292 Ethan Johnson	Burnaby Cent	1:00.30
2	731 Ezra Havas	Holy Cross R	1:00.25
3	1950 Daniel Wentzel	West Van	58.59
4	279 Owen Flack	Brookswood	56.24
5	1353 Jackson Bradley	R.A. McMath	56.76
6	1834 Nicholas Ko	Vancouver Co	58.72
7	2049 Kyan Goncalves	Yorkson Cree	1:00.84
8	682 Zack Harrison	Handsworth	1:01.17

Heat 2 of 3 Prelims

1	2055 Andrew Yuun	Yorkson Cree	1:00.48
2	311 Brendan Lim	Burnaby Moun	59.92
3	535 Tyson Carr	Klo Middle	58.05
4	1891 Owen Jones	Walnut Grove	56.24
5	1295 Brayden Horlock	Prince of Wa	57.40
6	1936 Mac Steenburgh	West Point G	58.98
7	128 Travis Janzen	Abbotsford C	1:00.84
8	1991 Niam Zbitniff	White Rock C	1:01.45

Heat 3 of 3 Prelims

1	536 Kory Cheese - Klacken	Klo Middle	1:00.56
2	1395 Joe Murphy	Revelstoke	59.80
3	1234 Jeremiah Francis	Pacific Acad	57.62
4	195 Boston Migneault	Archbishop C	55.98
5	1302 Edan Steen	Prince of Wa	57.58
6	872 Arien Boey	Kitsilano	59.47
7	1754 Tate O'Brien	Sutherland	1:00.57
8	1006 Avik Bakshi	Mark R. Isfe	1:01.48

Event 126 Men 800 Meter Run Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Lane Name Team Seed Time****Heat 1 of 3 Prelims**

1	1754 Tate O'Brien	Sutherland	2:21.49
2	1860 Hayden Murphy	Vernon	2:21.29
3	907 Isaac Humeniuk	Langley Chri	2:17.60
4	195 Boston Migneault	Archbishop C	2:10.18
5	1170 Strachan Liberman	Notre Dame R	2:12.66
6	1614 Trenton Lau	Southpointe	2:18.57
7	1845 Justin Wong	Vancouver Co	2:28.00
8	529 Nathan Achtem	Klo Middle	2:28.00

Heat 2 of 3 Prelims

1	479 Dylan Cheale	Dr Knox Midd	2:22.77
2	1950 Daniel Wentzel	West Van	2:20.85
3	572 Rocky Saini	Enver Creek	2:16.89
4	514 Hudson Irvine	Earl Marriot	2:05.80
5	1936 Mac Steenburgh	West Point G	2:14.31
6	1910 Christian Shimmin	Walnut Grove	2:19.20
7	633 Noah Duke	Glenbrook Mi	2:27.32
8	1675 Brian Gay Hernandez	St. Andrews'	2:28.38

Heat 3 of 3 Prelims

1	1129 Toby Russell	Nanaimo Dist	2:25.71
2	604 Miles Powell	Frances Kels	2:19.74
3	535 Tyson Carr	Klo Middle	2:16.61
4	1443 Caiden Lee	Sail Academy	2:01.88
5	832 Brandon Landa-Ahn	Killarney	2:15.18
6	1295 Brayden Horlock	Prince of Wa	2:19.21
7	1130 Bailey Stetar	Nanaimo Dist	2:26.80
8	1631 Aj Dutta	Spring Valle	2:29.25

Event 128 Men 1500 Meter Run Gr 8**Lane Name Team Seed Time****Section 1 of 1 Finals**

1	1443 Caiden Lee	Sail Academy	4:20.18
2	514 Hudson Irvine	Earl Marriot	4:28.73
3	195 Boston Migneault	Archbishop C	4:31.91
4	907 Isaac Humeniuk	Langley Chri	4:43.00
5	604 Miles Powell	Frances Kels	4:44.95
6	1614 Trenton Lau	Southpointe	4:46.25
7	780 Patrick Canning	John Barsby	4:46.31
8	1170 Strachan Liberman	Notre Dame R	4:46.49
9	681 Ryan Goodwin	Handsworth	4:46.76
10	572 Rocky Saini	Enver Creek	4:52.87
11	1111 Dylan Barberie	Nanaimo Dist	4:53.06
12	945 Adrian Kan	Lord Byng	4:53.67
13	1657 Nicholas Mackinnon	ST Thomas Mo	4:58.07
14	1912 Thomas Stelnicki	Walnut Grove	4:58.08
15	1129 Toby Russell	Nanaimo Dist	4:58.23
16	1925 Liam Dachner	West Point G	4:59.39
17	1130 Bailey Stetar	Nanaimo Dist	4:59.70
18	410 Adam Grim	Credo Christ	4:59.94
19	682 Zack Harrison	Handsworth	5:01.85
20	423 Rico Poppe	Credo Christ	5:02.00
21	723 Quinn Goosen	Highroad Aca	5:02.10
22	1947 Trevor Robertson	West Van	5:03.62
23	1845 Justin Wong	Vancouver Co	5:03.94
24	788 Matthew Acob	Kalamalka Se	5:06.60

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 130 Men 3000 Meter Run Gr 8

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	1443 Caiden Lee	Sail Academy	9:37.18
2	681 Ryan Goodwin	Handsworth	9:54.14
3	1170 Strachan Liberman	Notre Dame R	10:09.60
4	1699 Graeme Chilton	St. George's	10:25.75
5	780 Patrick Canning	John Barsby	10:26.25
6	1614 Trenton Lau	Southpointe	10:26.43
7	907 Isaac Humeniuk	Langley Chri	10:29.68
8	413 Andrew Gunnink	Credo Christ	10:37.38
9	1925 Liam Dachner	West Point G	10:38.19
10	830 Mitchell Klassen	Killarney	10:38.98
11	1910 Christian Shimmin	Walnut Grove	10:44.91
12	788 Matthew Acob	Kalamalka Se	10:44.92
13	1845 Justin Wong	Vancouver Co	10:45.92
14	604 Miles Powell	Frances Kels	10:46.08
15	1111 Dylan Barberie	Nanaimo Dist	10:47.02
16	1933 Peter Neill	West Point G	10:50.69
17	1130 Bailey Stetar	Nanaimo Dist	10:51.83
18	1856 Mitchell Bond	Vernon	10:54.42
19	529 Nathan Achtem	Klo Middle	10:54.42
20	1115 Zachary Croome	Nanaimo Dist	10:56.34
21	1706 Adam Rentz	St. George's	10:59.53
22	1913 Nick Thomson	Walnut Grove	11:01.10

Event 132 Men 100 Meter Hurdles Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	1919 Benedek Horvath	Wellington S	19.58
2	545 Jamie Hatch	Klo Middle	19.34
3	680 Connor Floyd	Handsworth	17.46
4	1452 Michael Scherk	STA	15.73
5	1712 Beck Young	St. George's	16.26
6	2054 Allan Yi	Yorkson Cree	17.62
7	1990 Harry Xie	White Rock C	21.93
8	326 Justin Mangilin	Burnaby Sout	22.54
Heat 2 of 3 Prelims			
1	1567 Roch Feng	Sir Winston	19.90
2	1610 Jackson Doolittle	Southgate Mi	18.60
3	1964 Soren Corcoran	Westview Sec	17.42
4	1603 Aidan Turner	South Delta	15.46
5	1217 Max Gainey	Okanagan	16.88
6	726 Nathanael Mihai	Highroad Aca	17.81
7	1094 Matthew Gollner	Mulgrave	21.73
8	857 David Chancellor	King's Chris	22.81

Heat 3 of 3 Prelims

1	1445 Marcus Berner	Saint John P	20.73
2	550 Luke Schraeder	Klo Middle	18.59
3	1231 Divine Aniamaka	Pacific Acad	17.05
4	1644 Kairo Chiang	ST Thomas Mo	15.07
5	1292 Clarence Cheung	Prince of Wa	16.93
6	139 Campbell Sayers	Abbotsford C	17.83
7	295 Vincent Nguyen	Burnaby Cent	21.64

Event 134 Men 200 Meter Hurdles Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	197 Nathaniel Fava	Argyle	32.25
2	139 Campbell Sayers	Abbotsford C	32.00
3	633 Noah Duke	Glenbrook Mi	31.24
4	1603 Aidan Turner	South Delta	28.26
5	1712 Beck Young	St. George's	29.14
6	723 Quinn Goosen	Highroad Aca	31.37
7	1385 Aedan Freberg-Hickie	Revelstoke	33.46
8	857 David Chancellor	King's Chris	37.33
Heat 2 of 3 Prelims			
1	1991 Niam Zbitniff	White Rock C	32.27
2	945 Adrian Kan	Lord Byng	32.00
3	1231 Divine Aniamaka	Pacific Acad	30.56
4	481 Isaac Gokiart	Dr Knox Midd	28.02
5	554 John White	Klo Middle	29.32
6	2052 Noah Melanson	Yorkson Cree	31.38
7	639 Aiden Post	Glenbrook Mi	33.34
Heat 3 of 3 Prelims			
1	102 Aiden Brandsma	Abbotsford C	32.90
2	1982 Jaden Mathew	White Rock C	31.86
3	1526 Charles Lee	Sentinel	29.96
4	535 Tyson Carr	Klo Middle	27.24
5	1395 Joe Murphy	Revelstoke	29.36
6	1919 Benedek Horvath	Wellington S	31.80
7	1749 Thomas Dubouchet	Sutherland	33.12

Event 146 Men 4x100 Meter Relay Gr 8

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	Spring Valle	A	55.52
2	Unity Christ	A	54.81
3	Glenbrook Mi	A	54.54
4	Dr Knox Midd	A	54.40
5	Handsworth	A	54.47
6	Sutherland	A	54.69
7	White Rock C	A	55.87
8	Mulgrave	A	56.12

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Section 2 of 3 Finals...(Event 146 Men 4x100 Meter Relay

1	Walnut Grove	A	52.88
2	Moscrop Seco	A	52.59
3	Vancouver Co	B	51.65
4	St. George's	A	51.55
5	West Van	A	51.61
6	Lord Byng	A	52.28
7	Guildford Pa	A	53.14
8	Abbotsford C	A	53.76

Section 3 of 3 Finals

1	ST Thomas Mo	A	50.25
2	Yorkson Cree	A	50.14
3	R.A. McMath	A	49.56
4	Vancouver Co	A	47.83
5	Klo Middle	A	48.09
6	Prince of Wa	A	50.00
7	Holy Cross R	A	50.78
8	Pacific Acad	A	51.41

Event 148 Men 4x400 Meter Relay Gr 8

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

2	Dr Knox Midd	A	4:33.67
3	Pacific Acad	A	4:27.44
4	White Rock C	A	4:28.14
5	Mulgrave	A	4:33.25
6	Sutherland	A	4:47.22

Section 2 of 3 Finals

2	Nanaimo Dist	A	4:27.02
3	Handsworth	A	4:25.17
4	Abbotsford C	A	4:18.52
5	Unity Christ	A	4:21.76
6	Lord Byng	A	4:25.18
7	Guildford Pa	A	4:27.60

Section 3 of 3 Finals

1	Holy Cross R	A	4:12.16
2	Walnut Grove	A	4:05.59
3	Vancouver Co	A	4:01.48
4	Klo Middle	A	3:57.63
5	ST Thomas Mo	A	4:00.49
6	Prince of Wa	A	4:01.85
7	West Van	A	4:14.68
8	Killarney	A	4:15.05

Event 136 Men High Jump Gr 8

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	1217 Max Gainey	Okanagan	1.55m
2	139 Campbell Sayers	Abbotsford C	1.50m
3	197 Nathaniel Fava	Argyle	1.60m
4	1295 Brayden Horlock	Prince of Wa	1.60m
5	997 Elijah Olson	Maple Ridge	1.80m
6	1009 Gordon Bie	Meadowridge	1.55m
7	1609 Finn Newcomer	South Kam	1.50m
8	562 Benjamin Carr	Elgin Park S	1.65m
9	1304 Ben Visser	Prince Ruper	1.65m
10	1657 Nicholas Mackinnon	ST Thomas Mo	1.50m
11	547 Lynden Infanti	Klo Middle	1.55m
12	1923 Sebastian Blomerus	West Point G	1.50m
13	1425 Michael Hutchinson	Rutland Midd	1.52m
14	567 Jack Marshall	Elphinstone	1.55m
15	1948 Stirling Wallace	West Van	1.70m
16	1014 Elijah Nickel	Mei Middle S	1.50m
17	385 Spencer Osborne	Constable Neil B	1.54m
18	2054 Allan Yi	Yorkson Cree	1.60m
19	1573 Ty Nibbelink	Sir Winston	1.50m
20	1303 Logan Hughes	Prince Ruper	1.55m
21	1952 Jaden Allen	Westsyde Sec	1.45m
22	641 Levi Tuura	Glenbrook Mi	1.75m
23	1654 Dominic Kully	ST Thomas Mo	1.50m

Event 138 Men Long Jump Gr 8

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	1010 Robin Li	Meadowridge	4.76m
2	1163 Kevin Deng	Notre Dame R	4.86m
3	340 Ian Reyes	Carson Graha	5.43m
4	1526 Charles Lee	Sentinel	5.60m
5	1303 Logan Hughes	Prince Ruper	5.10m
6	1610 Jackson Doolittle	Southgate Mi	5.27m
7	1302 Edan Steen	Prince of Wa	5.37m
8	102 Aiden Brandsma	Abbotsford C	4.77m
9	1573 Ty Nibbelink	Sir Winston	5.29m
10	641 Levi Tuura	Glenbrook Mi	4.99m
11	1452 Michael Scherk	STA	5.00m
12	211 Krescyn Moonsamy	Aspengrove S	5.07m
13	1132 Finn Valdez	Nanaimo Dist	5.02m
14	1355 Logan Duley	R.A. McMath	5.26m
15	240 Jaxon Demale	Brock Middle	4.78m
16	1855 Hendri Redelinghuys	Vernon Chris	5.17m
17	1292 Clarence Cheung	Prince of Wa	5.62m
18	1684 Aaron Pareno	St. Andrews'	4.73m
19	547 Lynden Infanti	Klo Middle	5.19m
20	1236 Spencer Gibbs	Pacific Acad	5.03m
21	1818 Ethan Beggs	Vancouver Co	5.08m
22	965 David Yao	Lord Byng	4.80m
23	230 Jaden Medynski	Betty Gilber	4.82m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 149 Men Triple Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1948 Stirling Wallace	West Van	12.45m
2	155 Trentin Vuong	Abbotsford C	10.20m
3	1339 Judah Klassen	Quesnel JR S	9.82m
4	1240 Cohen Peters	Pacific Acad	9.66m
5	1644 Kairo Chiang	ST Thomas Mo	10.90m
6	1919 Benedek Horvath	Wellington S	10.54m
7	240 Jaxon Demale	Brock Middle	10.11m
8	340 Ian Reyes	Carson Graha	11.00m
9	1247 Jason Zhang	Pacific Acad	9.93m
10	1231 Divine Aniamaka	Pacific Acad	11.63m
11	1435 Brady Chala	Sa-Hali	10.62m
12	1292 Clarence Cheung	Prince of Wa	11.41m
13	279 Owen Flack	Brookwood	10.19m
14	2054 Allan Yi	Yorkson Cree	10.63m
15	1612 Charleston Cao	Southpointe	9.90m
16	1236 Spencer Gibbs	Pacific Acad	10.48m
17	1573 Ty Nibbelink	Sir Winston	10.54m
18	1320 Evan Mayer	Quamichan Sc	9.60m
19	1782 Cayden McEachern	Unity Christ	10.13m
20	1452 Michael Scherk	STA	10.96m
21	383 Malachai Freh	Constable Neil B	10.37m
22	102 Aiden Brandsma	Abbotsford C	10.45m
23	550 Luke Schraeder	Klo Middle	9.68m

Event 142 Men Shot Put Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1654 Dominic Kully	ST Thomas Mo	9.66m
2	1961 Frank Padar	Westsyde Sec	13.40m
3	97 Kegan Atsma	Abbotsford C	9.86m
4	1153 Elliot Hui	Norma Rose P	8.92m
5	1832 Herschel Johal	Vancouver Co	10.23m
6	557 Ryan Cyr	Ecole Salish	13.85m
7	663 Jessie Nystrom	Guildford Pa	8.90m
8	1822 Ryan Hin Fung Chan	Vancouver Co	10.63m
9	1444 Deven Marrero	Sail Academy	10.36m
10	359 Liam England	Chilliwack M	9.91m
11	1704 Ronan Mahaffy	St. George's	9.09m
12	1426 Ben Pickering	Rutland Midd	12.52m
13	1616 Jacob Zhang	Southpointe	9.91m
14	641 Levi Tuura	Glenbrook Mi	10.45m
15	842 Tristan Pollard	Killarney	9.87m
16	1238 Samuel (tianren)	Pacific Acad	9.65m
17	100 Michael Baars	Abbotsford C	10.50m
18	244 Ryan Benedet	Brockton	10.59m
19	1423 Tyson Fender	Rutland Midd	10.84m
20	1167 Nicholas Knudsen	Notre Dame R	10.63m
21	1160 Joshua Burchak	Notre Dame R	10.48m
22	1398 Micah Starling	Revelstoke	8.95m
23	722 Levi Goodwin	Highroad Aca	8.90m
24	1586 Connor Muir	Smithers Sec	10.21m

Event 140 Men Javelin Throw Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	486 Karsen Kolton	Dr Knox Midd	30.09m
2	244 Ryan Benedet	Brockton	27.40m
3	1934 Alex Osborn	West Point G	28.59m
4	1847 Jude Yee Fung	Vancouver Co	28.07m
5	842 Tristan Pollard	Killarney	28.18m
6	702 Sam Gerbrand	Hatzic Secon	26.95m
7	603 Kaiden Lewis	Frances Kels	26.57m
8	1956 Caleb Gremaud	Westsyde Sec	28.84m
9	1603 Aidan Turner	South Delta	35.11m
10	1320 Evan Mayer	Quamichan Sc	29.35m
11	385 Spencer Osborne	Constable Neil B	33.81m
12	1782 Cayden McEachern	Unity Christ	30.74m
13	1398 Micah Starling	Revelstoke	28.82m
14	1787 Seth Schuurman	Unity Christ	29.07m
15	1672 Drake Delude	St. Andrews'	26.25m
16	1311 Kaleb Peepchuk	Princess Mar	27.66m
17	1586 Connor Muir	Smithers Sec	32.97m
18	727 Teagen Renaerts	Highroad Aca	30.71m
19	1444 Deven Marrero	Sail Academy	35.39m
20	1167 Nicholas Knudsen	Notre Dame R	28.12m
21	1322 Owen Reilly	Quamichan Sc	31.39m
22	1261 Lucas Milne	Phoenix Midd	26.85m
23	1753 Jordan Lovell	Sutherland	27.40m
24	321 Andy Zhang	Burnaby Nort	26.65m

Event 30 Men 100 Meter Dash Junior

8 Advance: Top 1 Each Heat plus Next 4 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	180 Kyle Parker	Alberni Dist	12.00
2	717 Killian Allard	Highland Sec	11.98
3	504 Josh Greir	Duncan Chris	11.80
4	804 Noah Gross	Kelowna	11.44
5	226 Harry Oghomienor	BC Christian	11.57
6	309 Brandon Hsu	Burnaby Moun	11.84
7	465 Harvir Panesar	Delta Second	12.18
8	1869 Dhag Mora	W.J	12.21
Heat 2 of 4 Prelims			
1	1057 Sheldon Dacon	Moscrop Seco	12.02
2	1468 Cade Armour	Samuel Rober	11.95
3	374 Jared Simpson	Fulton	11.73
4	578 Thomas Iverson	Eric Hamber	11.35
5	1235 Mitchell Gibbs	Pacific Acad	11.60
6	1770 Sawyer Collie	Unity Christ	11.85
7	977 Tremel States-Jones	Lord Tweedsm	12.14
8	684 Chris Hwang	Handsworth	12.32

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Heat 3 of 4 Prelims...(Event 30 Men 100 Meter Dash

1	1454 Frank Woodworth	STA	12.02
2	1091 Linden Williams	Mount Dougla	11.93
3	814 Xavier Webb	Kelowna	11.69
4	811 Caeleb Schlachter	Kelowna	11.31
5	1619 Roy Jiang	Southridge S	11.60
6	1270 Carter Smith	Pitt Meadows	11.91
7	1835 Ben Kolb	Vancouver Co	12.12
8	672 Lenny Bonduau	Handsworth	12.37

Heat 4 of 4 Prelims

1	1267 Kai Hussein	Pitt Meadows	12.08
2	610 Floyd Morfe	Fraser Heigh	11.93
3	265 Haedyn Drosdovech	Brooks Secon	11.66
4	458 Yoosuf Bacha	David Thomps	11.17
5	790 Tyler Loth	Kelly Road	11.64
6	1306 Carter White	Princess Margare	11.91
7	1823 Jayden Cheong	Vancouver Co	12.12
8	616 Darrius Gensemeyer	Fraser Lake	12.50

Event 48 Men 200 Meter Dash Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	790 Tyler Loth	Kelly Road	24.14
2	1197 Evan McDowell	Oak Bay Seco	24.07
3	1267 Kai Hussein	Pitt Meadows	23.85
4	811 Caeleb Schlachter	Kelowna	23.13
5	1619 Roy Jiang	Southridge S	23.50
6	504 Josh Greir	Duncan Chris	23.87
7	1651 Shaun Hernandez	ST Thomas Mo	24.78
8	763 Panavir Sahota	Howe Sound	25.07

Heat 2 of 4 Prelims

1	1246 Kyu Hyun Yoon	Pacific Acad	24.25
2	1468 Cade Armour	Samuel Rober	23.99
3	465 Harvir Panesar	Delta Second	23.83
4	458 Yoosuf Bacha	David Thomps	23.13
5	1732 Adam Schandl	Stellys	23.59
6	977 Tremel States-Jones	Lord Tweedsm	23.91
7	1708 Sam Shapray	St. George's	24.57
8	684 Chris Hwang	Handsworth	25.10

Heat 3 of 4 Prelims

1	1057 Sheldon Dacon	Moscrop Seco	24.11
2	1118 Stirling Henry	Nanaimo Dist	24.10
3	309 Brandon Hsu	Burnaby Moun	23.86
4	1770 Sawyer Collie	Unity Christ	23.27
5	804 Noah Gross	Kelowna	23.36
6	1220 Nolan Humphries	Okanagan	23.86
7	1517 Ethan Chao	Sentinel	24.78
8	1288 Emerson Muratori	Prince George	24.94

Heat 4 of 4 Prelims

1	886 Cameron Hunter	Kwalikum Sec	24.29
2	559 Nick Sebastianelli	Ecole Salish	23.93
3	1595 Alex Lamyin	South Delta	23.73
4	578 Thomas Iverson	Eric Hamber	22.90
5	1270 Carter Smith	Pitt Meadows	23.63
6	1235 Mitchell Gibbs	Pacific Acad	23.91
7	1306 Carter White	Princess Margare	24.36
8	1105 Isaac Flamand	Nakusp	26.66

Event 8 Men 400 Meter Dash Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	1239 Daine Kerr	Pacific Acad	55.36
2	281 Andrew Meier	Brookwood	54.93
3	1001 Ty Stevenson	Maple Ridge	54.16
4	309 Brandon Hsu	Burnaby Moun	52.96
5	1595 Alex Lamyin	South Delta	53.54
6	1233 Nathan Chan	Pacific Acad	54.44
7	1166 Nigel Karuletwa	Notre Dame R	55.88
8	1134 Lachlan Pedersen	Nechako	56.67

Heat 2 of 4 Prelims

1	1651 Shaun Hernandez	ST Thomas Mo	55.53
2	559 Nick Sebastianelli	Ecole Salish	54.87
3	229 Kane Schreiner	Bert Bowes M	54.03
4	288 Ryan Goudron	Burnaby Cent	52.54
5	1732 Adam Schandl	Stellys	53.58
6	1876 John Alexander	Walnut Grove	54.63
7	683 Ian Hartley	Handsworth	55.69
8	1584 Salish MacDonald	Smithers Sec	57.01

Heat 3 of 4 Prelims

1	328 Youney Terefe	Burnaby Sout	55.55
2	1729 David Wong Harrison	St. Michaels	54.81
3	1517 Ethan Chao	Sentinel	53.83
4	578 Thomas Iverson	Eric Hamber	52.37
5	1924 Miller Cumming	West Point G	53.70
6	674 Owain Cormack	Handsworth	54.73
7	1483 Cooper Leong	Sardis School	55.62
8	1390 Nelson Luxmoore	Revelstoke	59.00

Heat 4 of 4 Prelims

1	1220 Nolan Humphries	Okanagan	55.32
2	720 Ethan Tansky	Highland Sec	55.30
3	278 Stan Vishek	Brooks Secon	54.18
4	1293 Terence Cheung	Prince of Wa	53.45
5	1770 Sawyer Collie	Unity Christ	53.45
6	659 Elichai Mansell	Guildford Pa	54.36
7	814 Xavier Webb	Kelowna	56.17
8	813 Aidan Vint	Kelowna	56.61

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 40 Men 800 Meter Run Junior****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	1000 Carter Stevenson	Maple Ridge	2:12.43
2	314 Haruki Okamoto	Burnaby Moun	2:11.96
3	1900 Logan Picard	Walnut Grove	2:09.25
4	1121 Cameron Laturmus	Nanaimo Dist	2:06.21
5	1722 Tion McLeish	St. Michaels	2:07.57
6	889 Rodrigo Santos Diez	Kwalikum Sec	2:09.54
7	1584 Salish MacDonald	Smithers Sec	2:15.17
8	949 Matt Maclean	Lord Byng	2:15.31

Heat 2 of 4 Prelims

1	1957 Ethan Gremaud	Westsyde Sec	2:13.95
2	1477 Connor Crevier	Sardis School	2:10.74
3	1598 Jackson Maccubbin	South Delta	2:08.88
4	350 Joseph Curtis	Centennial S	2:00.48
5	229 Kane Schreiner	Bert Bowes M	2:08.87
6	782 Jake Putz	John Barsby	2:09.62
7	1296 Pirro Ifü	Prince of Wa	2:14.53
8	683 Ian Hartley	Handsworth	2:17.66

Heat 3 of 4 Prelims

1	375 Ashton Takhar	Fulton	2:13.16
2	981 Matti Erikson	LV Rogers	2:11.20
3	1924 Miller Cumming	West Point G	2:09.20
4	1485 Finn Longhurst	Sardis School	2:01.65
5	1199 Sonny Miller	Oak Bay Seco	2:07.81
6	1019 Simon Funk	Mei Secondar	2:09.58
7	674 Owain Cormack	Handsworth	2:14.89
8	953 Paul Paetzel	Lord Byng	2:15.52

Heat 4 of 4 Prelims

1	606 Yabi Davidoff	Fraser Acade	2:13.90
2	2014 Torin Andrews	Seaton	2:11.13
3	288 Ryan Goudron	Burnaby Cent	2:08.91
4	1590 Jacob Bonikowsky	South Delta	2:01.02
5	1438 Parker Lehmann	Sa-Hali	2:07.94
6	784 Jayden Watson	John Barsby	2:09.60
7	347 Max Whitehouse	Cedars Chris	2:14.86
8	1946 Lucas Robertson	West Van	2:17.63

Event 12 Men 1500 Meter Run Junior**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 2 Prelims

1	785 Gage Zanette	John Barsby	4:10.78
2	1485 Finn Longhurst	Sardis School	4:20.15
3	1226 Michael Schriemer	Okanagan	4:21.29
4	981 Matti Erikson	LV Rogers	4:22.50
5	1902 Nick Raymond	Walnut Grove	4:25.93
6	1438 Parker Lehmann	Sa-Hali	4:27.90
7	1137 Mahad Amen Ali	New Westmins	4:32.40
8	784 Jayden Watson	John Barsby	4:35.17
9	190 Henry Ruckmen-Utting	Alpha Second	4:35.90
10	583 Paul Van Raamsdonk	Eric Hamber	4:36.62
11	953 Paul Paetzel	Lord Byng	4:36.71
12	1861 Brodie Wright	Vernon	4:39.95
13	509 Marcel Bona	Earl Marriot	4:40.02
14	347 Max Whitehouse	Cedars Chris	4:43.11
15	1538 Finn Carlson	Sir Alexande	4:43.71
16	1928 Cameron Healey	West Point G	4:57.50

Heat 2 of 2 Prelims

1	1594 Jonathan Hofer	South Delta	4:12.70
2	1765 Jacob Wadhvani	Terry Fox Se	4:14.47
3	350 Joseph Curtis	Centennial S	4:21.69
4	1722 Tion McLeish	St. Michaels	4:21.80
5	1590 Jacob Bonikowsky	South Delta	4:26.35
6	1598 Jackson Maccubbin	South Delta	4:27.19
7	897 Aiden Grew	Lambrick Par	4:32.93
8	1477 Connor Crevier	Sardis School	4:35.00
9	1506 Pavel Potashov	Semiahmoo Se	4:36.50
10	314 Haruki Okamoto	Burnaby Moun	4:36.62
11	1686 Jordan Price	St. Andrews'	4:37.53
12	1215 Nikhil Filatow	Okanagan	4:37.91
13	699 Cyrus Young	Handsworth	4:42.11
14	606 Yabi Davidoff	Fraser Acade	4:42.30
15	1946 Lucas Robertson	West Van	4:43.82
16	692 Theo Rhodes	Handsworth	4:47.48

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 52 Men 3000 Meter Run Junior**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	1594 Jonathan Hofer	South Delta	9:00.44
2	1765 Jacob Wadhvani	Terry Fox Se	9:17.80
3	785 Gage Zanette	John Barsby	9:19.37
4	1226 Michael Schriemer	Okanagan	9:30.52
5	515 Micah Logie	Earl Marriot	9:33.74
6	116 James De Jager	Abbotsford C	9:34.78
7	190 Henry Ruckmen-Utting	Alpha Second	9:35.60
8	1886 Jack Hardy	Walnut Grove	9:35.95
9	1861 Brodie Wright	Vernon	9:42.77
10	1902 Nick Raymond	Walnut Grove	9:43.23
11	1859 Carter Leahy	Vernon	9:44.06
12	816 Joel Worman	Kelowna	9:44.90
13	2021 Jack Screen	Seaton	9:45.78
14	1137 Mahad Amen Ali	New Westmins	9:47.20
15	561 Isaac Baker	Elgin Park S	9:47.26
16	351 Devon Meadows	Centennial S	9:51.85
17	897 Aiden Grew	Lambrick Par	9:52.02
18	699 Cyrus Young	Handsworth	9:52.97
19	1480 Jack Johnston	Sardis School	9:54.89
20	953 Paul Paetzel	Lord Byng	9:55.28
21	583 Paul Van Raamsdonk	Eric Hamber	10:01.85
22	692 Theo Rhodes	Handsworth	10:02.01
23	314 Haruki Okamoto	Burnaby Moun	10:05.06
24	1581 Greyson Gould	Smithers Sec	10:16.36
25	342 Oscar Ryan	Carson Graha	10:16.41
26	471 Mateo Moore	Dover Bay Se	10:23.05
27	982 Dylan Gyr	LV Rogers	10:24.90
28	371 Aidan Lavery	Claremont	10:30.18
29	347 Max Whitehouse	Cedars Chris	10:31.13
30	1937 Davis Timko	West Point G	10:32.60
31	1928 Cameron Healey	West Point G	10:44.20
32	1259 Ryan Vincenz	Peter Skene	10:50.42

Event 24 Men 100 Meter Hurdles Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	808 Lucas Kwack	Kelowna	17.00
2	1662 Nicolas Osho	ST Thomas Mo	16.30
3	1725 Kyle Stenberg	St. Michaels	15.49
4	974 Adam Pederson	Lord Tweedsm	14.17
5	1126 Nate Paris	Nanaimo Dist	15.45
6	330 Micah Piva	Burnsview Se	16.24
7	1106 Colby Mackintosh	Nakusp	17.00
8	1286 Paolo Castro	Prince George	19.85

Heat 2 of 4 Prelims

1	696 Owen Wang	Handsworth	16.93
2	876 Miles Mantle	Kitsilano	16.86
3	659 Elichai Mansell	Guildford Pa	15.61
4	1748 Raphaël Dubouchet	Sutherland	15.05
5	1703 Thomas Ma	St. George's	15.08
6	1223 Nathan Loo	Okanagan	15.80
7	866 Daniel Stalker	King's Chris	17.77
8	859 Joel De Hoog	King's Chris	17.88

Heat 3 of 4 Prelims

1	861 Tyson Kamstra	King's Chris	16.94
2	329 Jaden Pawluck	Burnsview Se	16.70
3	1381 Lane Bull	Revelstoke	15.54
4	1242 Taylor Sillars	Pacific Acad	15.03
5	724 Elijah Grimard	Highroad Aca	15.33
6	1942 Bruce Jones	West Van	16.04
7	2032 Matt Price	Yale Secondary	17.55
8	1648 Cameron Dewith	ST Thomas Mo	18.07

Heat 4 of 4 Prelims

1	267 Hoff Ian	Brooks Secon	16.99
2	427 Justus Vanspronsen	Credo Christ	16.69
3	1431 James Harris	Rutland Senior S	15.53
4	1232 Praise Aniamaka	Pacific Acad	14.50
5	183 Samuel Wynans	Alberni Dist	15.36
6	236 Yang Luo	Brentwood Co	16.07
7	894 Rio Apt	Lambrick Par	17.13
8	1258 Dallas Schroevers	Peter Skene	19.65

Event 104 Men 300 Meter Hurdles Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	1796 Jeremy Xu	University Hill	46.20
2	1721 Liam Erlic	St. Michaels	46.18
3	876 Miles Mantle	Kitsilano	44.72
4	1703 Thomas Ma	St. George's	43.04
5	659 Elichai Mansell	Guildford Pa	43.27
6	724 Elijah Grimard	Highroad Aca	44.98
7	1489 Brendan	Sardis School	47.79
8	696 Owen Wang	Handsworth	47.84
Heat 2 of 4 Prelims			
1	894 Rio Apt	Lambrick Par	46.41
2	427 Justus Vanspronsen	Credo Christ	45.93
3	1223 Nathan Loo	Okanagan	44.39
4	1293 Terence Cheung	Prince of Wa	41.46
5	281 Andrew Meier	Brookwood	43.60
6	1427 James Harris	Rutland Seni	45.39
7	1727 Calum Webber-Smith	St. Michaels	47.37
8	203 Jake O'Neill	Argyle	48.48

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Heat 3 of 4 Prelims...(Event 104 Men 300 Meter Hurdles**

1	1105 Isaac Flamand	Nakusp	47.12
2	861 Tyson Kamstra	King's Chris	45.78
3	1748 Raphaël Dubouchet	Sutherland	44.06
4	1232 Praise Aniamaka	Pacific Acad	41.21
5	974 Adam Pederson	Lord Tweedsm	43.61
6	1661 Nicholas Osho	ST Thomas Mo	45.45
7	2032 Matt Price	Yale Secondary	47.22
8	202 Conor O'Neill	Argyle	48.77

Heat 4 of 4 Prelims

1	808 Lucas Kwack	Kelowna	46.30
2	1824 Blake Clutterham	Vancouver Co	45.94
3	1725 Kyle Stenberg	St. Michaels	44.63
4	1242 Taylor Sillars	Pacific Acad	42.81
5	1126 Nate Paris	Nanaimo Dist	43.55
6	1397 Isaac Starling	Revelstoke	45.28
7	1166 Nigel Karuletwa	Notre Dame R	47.53
8	1648 Cameron Dewith	ST Thomas Mo	48.28

Event 114 Men 1500 Meter Steeplechase Junior

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	1346 Caleb Woollends	Quesnel JR S	5:31.60
2	1581 Greyson Gould	Smithers Sec	5:14.85
3	1824 Blake Clutterham	Vancouver Co	5:22.70
4	982 Dylan Gyr	LV Rogers	5:07.50
5	2022 Gage Stoll	Seaton	5:07.08
6	1135 Santi Ainslie	New Westmins	5:11.00
7	1134 Lachlan Pedersen	Nechako	5:17.36
8	1945 Thomas Reid	West Van	5:19.27
9	699 Cyrus Young	Handsworth	5:08.78
10	820 Samuel Dalagan	Killarney	5:20.89
11	692 Theo Rhodes	Handsworth	5:12.84
12	489 Maxim Storozhuk	Dr Knox Midd	5:17.18
13	1606 Lucas Heer	South Kam	5:16.34

Section 2 of 2 Finals

2	515 Micah Logie	Earl Marriot	4:38.81
3	1506 Pavel Potashov	Semiahmoo Se	4:55.61
4	782 Jake Putz	John Barsby	4:54.62
5	889 Rodrigo Santos Diez	Kwalikum Sec	4:57.97
6	561 Isaac Baker	Elgin Park S	4:52.23
7	116 James De Jager	Abbotsford C	4:47.37
8	1886 Jack Hardy	Walnut Grove	4:35.93
9	1859 Carter Leahy	Vernon	4:58.93
10	1121 Cameron Laternus	Nanaimo Dist	4:45.39
11	876 Miles Mantle	Kitsilano	4:59.36
12	351 Devon Meadows	Centennial S	4:54.96
13	1915 Gabriel Whittaker	Walnut Grove	4:55.61
14	1119 Jayden Hodges	Nanaimo Dist	4:58.54
15	1937 Davis Timko	West Point G	4:53.90
16	1902 Nick Raymond	Walnut Grove	4:38.21
17	1771 Greg De Raadt	Unity Christ	4:55.59
18	897 Aiden Grew	Lambrick Par	4:47.44
19	190 Henry Ruckmen-Utting	Alpha Second	4:55.30
20	288 Ryan Goudron	Burnaby Cent	4:43.80
21	1686 Jordan Price	St. Andrews'	4:53.52

Event 20 Men 4x100 Meter Relay Junior

8 Advance: Top 1 Each Heat plus Next 4 Best Times			
Lane	Team	Relay	Seed Time
Heat 1 of 4 Prelims			
1	Sentinel	A	48.44
2	St. Andrews'	A	47.69
3	Prince of Wa	A	46.64
4	Kelowna Secondar	A	45.03
5	St. George's	A	46.56
6	Lord Tweedsm	A	47.61
7	Kitsilano	A	48.87
8	Quesnel JR S	A	55.88
Heat 2 of 4 Prelims			
1	Handsworth	A	48.11
2	Claremont	A	47.92
3	West Point G	A	47.04
4	Mount Dougla	A	46.08
5	ST Thomas Mo	A	46.22
6	Credo Christ	A	47.34
7	St. George's	A	49.52
8	West Van	A	50.98
Heat 3 of 4 Prelims			
1	Walnut Grove	A	48.13
2	Vancouver Co	A	47.91
3	Archbishop C	A	46.97
4	Pacific Acad	A	45.48
5	David Thomps	A	46.38
6	Burnaby Cent	A	47.52
7	Revelstoke	A	49.29
8	Correliou	A	51.20

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Heat	4 of 4 Prelims...(Event 20)	Men 4x100 Meter Relay
1	Oak Bay Seco	A 48.33
2	Okanagan Mission	A 47.72
3	W.J	A 46.90
4	Fraser Heigh	A 45.39
5	Nanaimo Dist	A 46.51
6	Burnaby Moun	A 47.58
7	Rutland Senior S	A 49.25
8	Nakusp Secondary	A 51.24

Event 108 Men 4x400 Meter Relay Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
Heat 1 of 4 Prelims			
1	Handsworth	A	3:59.63
2	Kitsilano	A	3:58.34
3	Unity Christ	A	3:51.63
4	Earl Marriot	A	3:47.91
5	St. Michaels	A	3:47.94
6	West Point G	A	3:52.10
7	Seaton	A	4:12.42
8	King's Chris	A	4:14.84
Heat 2 of 4 Prelims			
1	Killarney	A	4:00.48
2	Argyle	A	3:56.22
3	John Barsby	A	3:49.97
4	Pacific Acad	A	3:37.83
5	Mount Dougla	A	3:49.10
6	David Thomps	A	3:55.34
7	Burnaby Moun	A	4:00.53
8	Quesnel JR S	A	4:22.12
Heat 3 of 4 Prelims			
1	Abbotsford C	A	4:00.09
2	Credo Christ	A	3:56.90
3	Walnut Grove	A	3:50.12
4	Oak Bay Seco	A	3:47.21
5	Prince of Wa	A	3:48.72
6	Howe Sound	A	3:55.08
7	St. Andrews'	A	4:00.99
8	Revelstoke	A	4:21.43
Heat 4 of 4 Prelims			
1	Sir Charles	A	3:59.86
2	Sardis School	A	3:58.16
3	South Delta	A	3:50.54
4	Nanaimo Dist	A	3:47.48
5	Burnaby Cent	A	3:48.42
6	ST Thomas Mo	A	3:53.70
7	Sentinel	A	4:01.73
8	Dr Knox Midd	A	4:20.39

Event 93 Men High Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	478 Reinhardt Joubert	Dr Kearney M	1.50m
2	1757 Matthew Wood	Sutherland	1.50m
3	757 Tyler Blasak	Howe Sound	1.55m
4	1147 Roman Nikolov	New Westmins	1.55m
5	1626 Brady Drake	Sparwood	1.55m
6	1718 Humraj Aujla	St. Michaels	1.60m
7	1649 Chayze Deza	ST Thomas Mo	1.60m
8	355 Dakota Knockwood	Charles Hays	1.60m
9	1562 Ethan Baron	Sir Winston	1.60m
10	759 Jake Heppell	Howe Sound	1.60m
11	1489 Brendan	Sardis School	1.62m
12	1679 Winslow	St. Andrews'	1.65m
13	1737 Angelo Wang	Steveston Lo	1.65m
14	1509 Nick Schock	Semiahmoo Se	1.65m
15	985 Max Meekel	Maple Ridge	1.65m
16	1126 Nate Paris	Nanaimo Dist	1.65m
17	1119 Jayden Hodges	Nanaimo Dist	1.65m
18	1714 Moo Sugar	St. John Bre	1.65m
19	459 Ihtisham Faiz	David Thomps	1.67m
20	1344 Linden Spencer	Quesnel JR S	1.69m
21	911 Benjamin Wergeland	Langley Chri	1.70m
22	1621 George Kordas	Southridge S	1.70m
23	260 Cole Baron	Brooks Secon	1.70m
24	1223 Nathan Loo	Okanagan	1.70m
25	280 Evan Kimm	Brookwood	1.70m
26	795 Billy Battiston	Kelowna	1.70m
27	623 Triston Hearn	George Elliot	1.75m
28	778 Timothy Ma	JN Burnett	1.75m
29	1305 Charlie Perrin	Princess Margare	1.75m
30	1702 Xavier Kristen	St. George's	1.80m
31	316 Kiran Wanniarachchi	Burnaby Moun	1.85m
32	1766 Nolan McEachern	Thomas Haney	1.90m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 95 Men Pole Vault Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	784 Jayden Watson	John Barsby	2.60m
2	1826 Shemar Dennison	Vancouver Co	1.60m
3	859 Joel De Hoog	King's Chris	2.10m
4	1689 Niko Sparks	St. Andrews'	2.45m
5	1683 Azam Niswar	St. Andrews'	1.55m
6	1621 George Kordas	Southridge S	3.00m
7	988 Jack Emley-Graham	Maple Ridge	2.50m
8	1495 Cayden Arnold	Semiahmoo Se	3.40m
9	917 Isaac Hamilton	Langley Seco	2.00m
10	1118 Stirling Henry	Nanaimo Dist	2.60m
11	1680 Matthew Mateyko	St. Andrews'	1.85m
12	534 Jayden Carr	Klo Middle	2.10m
13	144 Matthew Trent	Abbotsford C	2.80m
14	376 Noah Molina	Clayburn Mid	2.70m
15	1816 Anthony Shawn	Vancouver Co	1.80m
16	154 Josh Vuong	Abbotsford C	2.30m
17	1018 Josh Carsience	Mei Secondar	4.10m
18	1001 Ty Stevenson	Maple Ridge	2.60m
19	866 Daniel Stalker	King's Chris	2.20m

Event 58 Men Long Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1147 Roman Nikolov	New Westmins	5.61m
2	1056 Holden Clark	Moscrop Seco	5.92m
3	1214 Camden Elkin	Okanagan	5.71m
4	760 Markus Hernandez	Howe Sound	5.47m
5	299 Sebastyan Szymanski	Burnaby Cent	5.69m
6	1569 David Gao	Sir Winston	5.72m
7	131 Spencer Langelaar	Abbotsford C	5.75m
8	1263 Adrian Blake	Pinetree Sec	6.26m
9	1366 John Shchedrinskiy	R.A. McMath	5.77m
10	1038 Jay Peralta	Merritt	5.23m
11	1276 Jed Siddons	Pleasant Val	5.49m
12	719 Liam Potts	Highland Sec	6.28m
13	419 Teo Leyenhorst	Credo Christ	5.66m
14	759 Jake Heppell	Howe Sound	5.47m
15	778 Timothy Ma	JN Burnett	5.73m
16	1848 Savayre Ghumman	Vancouver Te	5.82m
17	1828 Jackson Findlay	Vancouver Co	5.41m
18	1075 Kai Constabel	Mount Dougla	5.59m
19	355 Dakota Knockwood	Charles Hays	5.20m
20	1235 Mitchell Gibbs	Pacific Acad	6.66m
21	265 Haedyn Drosdovech	Brooks Secon	5.75m
22	400 Ryan Pugh	Correliou	5.34m
23	601 Mowat Devalk-Zaiss	Frances Kels	5.57m
24	1869 Dhag Mora	W.J	5.64m
25	260 Cole Baron	Brooks Secon	6.02m
26	1775 Natanael Haan	Unity Christ	5.68m
27	1702 Xavier Kristen	St. George's	5.90m
28	672 Lenny Bonduau	Handsworth	5.86m
29	858 Zylomon Clarke	King's Chris	5.29m
30	580 Derich Luong	Eric Hamber	5.95m
31	397 Rylan Murphy	Correliou	5.50m
32	611 Alejandro Pelayo	Fraser Heigh	5.93m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 82 Men Triple Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1674 Tyler Finlay	St. Andrews'	11.58m
2	1232 Praise Aniamaka	Pacific Acad	13.46m
3	236 Yang Luo	Brentwood Co	11.45m
4	1941 Mikey Hui-Fumagalli	West Van	10.11m
5	612 Lorenzo Pelayo	Fraser Heigh	11.57m
6	265 Haedyn Drosdovech	Brooks Secon	11.93m
7	131 Spencer Langelaar	Abbotsford C	12.52m
8	1168 Sanghoon Lee	Notre Dame R	11.33m
9	1191 Lauchlin Irish	Oak Bay Seco	13.40m
10	957 Ramchand Singh	Lord Byng	10.88m
11	95 Adrian Peralta	A.R. MacNeil	11.22m
12	1626 Brady Drake	Sparwood	11.89m
13	466 Robin Gill	Delview Seco	11.42m
14	760 Markus Hernandez	Howe Sound	10.10m
15	1848 Savayre Ghumman	Vancouver Te	11.79m
16	1214 Camden Elkin	Okanagan	12.03m
17	208 Max Tyson	Argyle	11.66m
18	1685 Matthew Pearse	St. Andrews'	11.52m
19	905 Daniel	Langley Chri	11.47m
20	1931 Matthew Lee-Mockett	West Point G	11.53m
21	262 Russell Bruckshaw	Brooks Secon	11.77m
22	893 Raiden Lainchbury	Lake City Se	10.76m
23	866 Daniel Stalker	King's Chris	10.20m
24	1775 Natanael Haan	Unity Christ	11.40m
25	1242 Taylor Sillars	Pacific Acad	12.33m
26	1147 Roman Nikolov	New Westmins	10.89m
27	183 Samuel Wynans	Alberni Dist	12.02m
28	611 Alejandro Pelayo	Fraser Heigh	11.66m
29	1260 Julian Zucchelli	Peter Skene	9.38m
30	165 Kadin Lough-Morelli	Aberdeen Hal	10.54m
31	260 Cole Baron	Brooks Secon	11.68m
32	1056 Holden Clark	Moscrop Seco	12.29m

Event 76 Men Shot Put 5 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1625 Drycen Beranek	Sparwood	11.61m
2	1299 Odin Liu	Prince of Wa	11.07m
3	1903 Nicholas Reimer	Walnut Grove	10.72m
4	972 Michael Ogbeiwi	Lord Tweedsm	14.65m
5	345 Ethan Dugan	Cedar Commun	11.19m
6	1159 Sam Huang	North Surrey	10.78m
7	277 Tate Vanhees	Brooks Secon	12.22m
8	2011 Ryan Watt	Windsor - No	9.40m
9	355 Dakota Knockwood	Charles Hays	10.28m
10	771 Ben Bencharski	JL Crowe	ND
11	1279 Harold Renneckar	Point Grey	11.52m
12	318 Miguel Arteaga-Cole	Burnaby Nort	12.14m
13	623 Triston Hearn	George Elliot	10.42m
14	247 Joshua Hicks	Brockton	9.30m
15	1164 John Paul Ferrer	Notre Dame R	11.70m
16	1954 Tyrelle Chadwick	Westsyde Sec	12.70m
17	1326 Charn Nijjar	Queen Elizab	13.35m
18	906 Jordan Dickhof	Langley Chri	11.36m
19	1267 Kai Hussein	Pitt Meadows	12.97m
20	1249 Owen Fisher	Pacific Chri	13.56m
21	1333 Kyle Eggert	Quesnel JR S	9.23m
22	799 Mitchell Darlington	Kelowna	11.61m
23	1843 Ayden Tumeh	Vancouver Co	11.86m
24	885 Jonathan Chmilar	Kwalikum Sec	11.58m
25	1281 Ryan Kimoto	Port Moody S	10.45m
26	507 Jameson Hengstler	Duncan Chris	11.91m
27	323 Lucas Herold	Burnaby Sout	14.45m
28	1710 Matthew Uliana	St. George's	13.20m
29	1346 Caleb Woollends	Quesnel JR S	8.84m
30	506 Connor Hengstler	Duncan Chris	11.00m
31	488 Brenner Strelaeff	Dr Knox Midd	10.02m
32	1373 Ethan Longley	RE Mountain	11.03m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 63 Men Discus Throw 1.5 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	2033 Nic Schmidt	Yale Secondary	29.55m
2	242 Colin Benedet	Brockton	27.24m
3	1174 Mason Andulajevic	Oak Bay Seco	32.81m
4	1710 Matthew Uliana	St. George's	41.88m
5	1299 Odin Liu	Prince of Wa	31.01m
6	506 Connor Hengstler	Duncan Chris	32.12m
7	1360 Elias Khan	R.A. McMath	30.29m
8	1625 Drycen Beranek	Sparwood	29.34m
9	247 Joshua Hicks	Brockton	27.59m
10	1214 Camden Elkin	Okanagan	31.55m
11	972 Michael Ogbeiwi	Lord Tweedsm	43.88m
12	334 Trent Perras	Carihi Secon	32.85m
13	885 Jonathan Chmilar	Kwalikum Sec	32.62m
14	1197 Evan McDowell	Oak Bay Seco	36.90m
15	332 Luke Dirom	Carihi Secon	34.11m
16	1903 Nicholas Reimer	Walnut Grove	32.43m
17	1401 Connor Whitty	Revelstoke	28.83m
18	1279 Harold Renneckar	Point Grey	32.90m
19	1541 Hadyn Nygaard	Sir Alexande	23.97m
20	1373 Ethan Longley	RE Mountain	33.20m
21	258 Isaac Salvador-Brown	Brookes West	35.63m
22	1015 Gurtaj Aulakh	Mei Secondar	31.69m
23	1333 Kyle Eggert	Quesnel JR S	25.87m
24	1954 Tyrelle Chadwick	Westsyde Sec	35.37m
25	1981 David Li	White Rock C	31.24m
26	1525 Kris Kirkwood	Sentinel	29.26m
27	187 Nathan Meyer	Aldergrove C	25.41m
28	323 Lucas Herold	Burnaby Sout	33.10m
29	1992 Jaden Knight	Whytecliff A	32.38m
30	627 Jeremy Peter	George Elliot	29.30m
31	1326 Charn Nijjar	Queen Elizab	34.94m
32	906 Jordan Dickhof	Langley Chri	30.92m

Event 83 Men Hammer Throw 5 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1570 Rohtab Garcha	Sir Winston	31.02m
2	1029 William Neufeld	Mei Secondar	26.42m
3	885 Jonathan Chmilar	Kwalikum Sec	30.40m
4	972 Michael Ogbeiwi	Lord Tweedsm	52.72m
5	1174 Mason Andulajevic	Oak Bay Seco	36.53m
6	1015 Gurtaj Aulakh	Mei Secondar	36.98m
7	1983 Miles Mellenger	White Rock C	22.09m
8	1189 Sean Gatensby	Oak Bay Seco	29.26m
9	1326 Charn Nijjar	Queen Elizab	38.09m
10	1867 Kells Jonathan	W.J	26.40m
11	323 Lucas Herold	Burnaby Sout	39.67m
12	219 Sam Morrison	Ballenas Sec	26.02m
13	528 Jackson Trustham	Ecole Herita	24.79m
14	1025 Dezmond Loepky	Mei Secondar	ND
15	1981 David Li	White Rock C	21.87m
16	891 Logan Dyer	Lake City Se	18.46m
17	1373 Ethan Longley	RE Mountain	40.34m
18	799 Mitchell Darlington	Kelowna	20.16m
19	2011 Ryan Watt	Windsor - No	21.54m
20	327 Joseph Marion	Burnaby Sout	30.14m
21	862 Taylor Lovegrove	King's Chris	22.57m
22	623 Triston Hearn	George Elliot	28.23m
23	775 Finn Kinghorn	JL Crowe	ND
24	1821 Ashton Cervantes	Vancouver Co	32.97m
25	1898 Jakob Neufeld	Walnut Grove	26.04m
26	1333 Kyle Eggert	Quesnel JR S	25.15m
27	1710 Matthew Uliana	St. George's	52.37m
28	1903 Nicholas Reimer	Walnut Grove	28.92m
29	1441 Kian Zabihi	Sa-Hali	56.37m
30	507 Jameson Hengstler	Duncan Chris	28.34m
31	137 Jakob Radatzke	Abbotsford C	22.54m
32	334 Trent Perras	Carihi Secon	38.91m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 88 Men Javelin Throw 700 gram Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	946 Charlie King	Lord Byng	40.47m
2	329 Jaden Pawluck	Burnsview Se	35.65m
3	1554 Uri Oberlander	Sir Charles	36.36m
4	332 Luke Dirom	Carihi Secon	43.93m
5	1568 Roko Gabrilo	Sir Winston	40.44m
6	646 Emmett Allan	GP Vanier	39.34m
7	1001 Ty Stevenson	Maple Ridge	37.41m
8	1344 Linden Spencer	Quesnel JR S	34.97m
9	1401 Connor Whitty	Revelstoke	41.63m
10	1540 Nicholas George	Sir Alexande	30.44m
11	1433 Teagin Winthrop	Rutland Senior S	40.05m
12	1992 Jaden Knight	Whytecliff A	43.17m
13	186 Klo Thaw Htoo	Aldergrove C	37.03m
14	1975 Moritz Raschbichler	Whistler	35.82m
15	1283 Colten Sulko	Prince Charles	37.53m
16	1397 Isaac Starling	Revelstoke	41.87m
17	1174 Mason Andulajevic	Oak Bay Seco	33.97m
18	895 Cormick Brown	Lambrick Par	32.54m
19	964 Mason Wilcox	Lord Byng	41.62m
20	300 Marcus Taylor	Burnaby Cent	33.07m
21	421 Ethan Minderhoud	Credo Christ	39.62m
22	1647 Anthony Delazzari	ST Thomas Mo	36.43m
23	1377 Cole Bibby	Revelstoke	53.10m
24	740 Collin Visarra	Holy Cross R	35.10m
25	428 Jarrett Vantil	Credo Christ	35.86m
26	1525 Kris Kirkwood	Sentinel	29.71m
27	906 Jordan Dickhof	Langley Chri	38.52m
28	242 Colin Benedet	Brockton	24.00m
29	1058 Liam Farbridge	Moscrop Seco	32.50m
30	111 David Cannon	Abbotsford C	33.85m
31	1194 Oliver Leal	Oak Bay Seco	32.99m

Event 113 Men 1500 Meter Race Walk Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	1552 Isaac Naumenko	Sir Charles	7:31.84
2	851 Thomas Voung	Killarney	8:08.30
3	1482 Rylan Laurillard	Sardis School	8:08.81
4	378 Marcus Hollinger	Clayton Heig	8:14.01
5	1474 Calvin Belanger	Sardis School	8:19.20
6	1907 Maximilian	Walnut Grove	8:19.28
7	424 Matthew Spoor	Credo Christ	8:25.16
8	820 Samuel Dalagan	Killarney	8:28.40
9	1979 Kevin Gao	White Rock C	8:29.19
10	567 Jack Marshall	Elphinstone	8:33.47
11	1878 Shawn Brynjolfson	Walnut Grove	8:46.48
12	386 Andrew Armstrong	Correlieu	9:22.87
13	898 Seth Heron	Lambrick Par	9:28.52
14	1790 Levi Van Egdome	Unity Christ	9:33.00
15	1640 Alex Balbino	ST Thomas Mo	9:33.70
16	541 Eric Dewynter	Klo Middle	9:36.25
17	1165 Luca Huynh	Notre Dame R	9:38.30
18	219 Sam Morrison	Ballenas Sec	9:43.94
19	242 Colin Benedet	Brockton	9:51.66
20	1820 Domenic Carteri	Vancouver Co	9:58.14
21	812 Max Treble	Kelowna	9:59.47
22	1980 Tony Gao	White Rock C	10:00.80
23	1757 Matthew Wood	Sutherland	10:04.90
24	1059 Aaron Fung	Moscrop Seco	10:08.80
25	1180 Noah Carder	Oak Bay Seco	10:28.48
26	599 Dwayne Legge	Fort Nelson	13:51.38

Event 32 Men 100 Meter Dash Senior

8 Advance: Top 1 Each Heat plus Next 4 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	654 Kai Dorner	Grand Forks	11.66
2	1827 Victor Dutrizac	Vancouver Co	11.58
3	834 Oscar Lee	Killarney	11.39
4	1227 Alex Smith	Okanagan	11.18
5	1896 David Midgley	Walnut Grove	11.27
6	1995 Daniel Cruz	Windsor - No	11.42
7	365 Tyler Parsons	Chilliwack S	11.75
8	1034 Bill Brewer	Merritt	12.02
Heat 2 of 4 Prelims			
1	975 Ryan Pederson	Lord Tweedsm	11.60
2	160 Thane Timmerman	Abbotsford S	11.59
3	1363 Liam McLeod	R.A. McMath	11.39
4	1960 Darlington	Westsyde Sec	11.19
5	1841 Jason Soriano	Vancouver Co	11.27
6	1092 Aidan Wold	Mount Dougla	11.41
7	698 Keelan White	Handsworth	11.84
8	1416 Connor Legg	Rockridge	11.95

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Heat 3 of 4 Prelims...(Event 32 Men 100 Meter Dash

1	1602 Jonathan Toews	South Delta	11.72
2	783 Steen Rasmussen	John Barsby	11.51
3	1140 Jeremy Belcher	New Westmins	11.38
4	1407 Chase Haagensen	Reynolds Sec	11.17
5	1442 Jag Gill	Sail Academy	11.34
6	577 Austin Clare	Eric Hamber	11.51
7	1117 Daniel Hall	Nanaimo Dist	11.73
8	597 Dean Bennett	Fort Nelson	12.39

Heat 4 of 4 Prelims

1	1408 River Sanoy	Reynolds Sec	11.66
2	196 Edward Riddell	Archbishop C	11.51
3	189 Constantine Georgas	Alpha Second	11.39
4	605 Jesaiah Penson-McCoy	Frank Hurt Sec	11.18
5	526 Cedrick Iyumva	Ecole Gabrie	11.30
6	815 Chris West	Kelowna	11.49
7	356 Eric Lees	Charles Hays	11.74
8	1008 Tavish Swets	McBride Seco	12.33

Event 50 Men 200 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	936 Braiden Boechler	Lord Byng	23.64
2	1092 Aidan Wold	Mount Dougla	23.28
3	1140 Jeremy Belcher	New Westmins	23.00
4	605 Jesaiah Penson-McCoy	Frank Hurt Sec	22.11
5	779 Hiroki Sato	JN Burnett	22.94
6	1664 Ricky Parsons	ST Thomas Mo	23.27
7	796 Jonathan Bender	Kelowna	23.85
8	597 Dean Bennett	Fort Nelson	25.19

Heat 2 of 4 Prelims

1	237 Samuel Prokopchuk	Brentwood Co	23.58
2	577 Austin Clare	Eric Hamber	23.37
3	160 Thane Timmerman	Abbotsford S	23.06
4	1352 Carson Bradley	R.A. McMath	22.42
5	1960 Darlington	Westsyde Sec	22.89
6	1785 Wiltosso Neufeld	Unity Christ	23.12
7	1833 Daesaun Johnson	Vancouver Co	24.15
8	1008 Tavish Swets	McBride Seco	24.79

Heat 3 of 4 Prelims

1	695 Sascha Sweatman	Handsworth	23.62
2	1602 Jonathan Toews	South Delta	23.36
3	1442 Jag Gill	Sail Academy	23.03
4	1896 David Midgley	Walnut Grove	22.32
5	1227 Alex Smith	Okanagan	22.89
6	1605 Conor Loughnane	South Island	23.26
7	1533 Riley Verrier	Seycove	24.03
8	356 Eric Lees	Charles Hays	24.84

Heat 4 of 4 Prelims

1	644 Josh Laughlin	Gleneagle Se	23.51
2	1408 River Sanoy	Reynolds Sec	23.39
3	1363 Liam McLeod	R.A. McMath	23.07
4	1407 Chase Haagensen	Reynolds Sec	22.60
5	1479 Diego Eraso	Sardis School	22.83
6	1995 Daniel Cruz	Windsor - No	23.11
7	797 Xavier Cameron	Kelowna	24.28
8	654 Kai Dorner	Grand Forks	24.59

Event 10 Men 400 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	1411 Romaine Tourville	Richmond Chr	53.78
2	1743 Jason Scherban	Summerland	53.57
3	695 Sascha Sweatman	Handsworth	52.22
4	1352 Carson Bradley	R.A. McMath	50.46
5	1479 Diego Eraso	Sardis School	51.04
6	1365 Serge Serbinenko	R.A. McMath	53.16
7	1844 Dylan Villarroel	Vancouver Co	54.89
8	980 Jasper Ander	LV Rogers	56.09

Heat 2 of 4 Prelims

1	1917 Evan Wright	Walnut Grove	53.59
2	837 Joseph Lucas	Killarney	53.57
3	1794 Matthew Zandberg	Unity Christ	52.96
4	1879 Cameron Calbick	Walnut Grove	50.93
5	1407 Chase Haagensen	Reynolds Sec	51.00
6	238 Ope Remi-Adelasoye	Brentwood Co	53.05
7	1707 Justin Scott	St. George's	55.70
8	621 Matthew Darley	George Elliot	55.80

Heat 3 of 4 Prelims

1	1747 Quinn Cameron	Sutherland	54.04
2	880 Ben Ross	Kitsilano	53.39
3	1605 Conor Loughnane	South Island	51.39
4	986 Nico Aron	Maple Ridge	50.36
5	1372 Felix Allen	RE Mountain	51.30
6	294 David Ligocki	Burnaby Cent	53.30
7	1458 Evan Goldman	Salmon Arm S	54.21
8	1587 Conrad Thummerer	Smithers Sec	57.73

Heat 4 of 4 Prelims

1	2034 Andrew Thomson	Yale Secondary	53.91
2	212 Spencer Bradbury	Ballenas Sec	53.40
3	112 Evan Castellani	Abbotsford C	51.48
4	1785 Wiltosso Neufeld	Unity Christ	50.42
5	644 Josh Laughlin	Gleneagle Se	51.14
6	1408 River Sanoy	Reynolds Sec	53.23
7	2009 Kai Schulz	Windsor - No	54.37
8	1133 Nolan McCleary	Nechako	57.18

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 42 Men 800 Meter Run Senior****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 4 Prelims

1	372 Nicholas Lepessis	Claremont	2:06.71
2	1268 Sam Manke	Pitt Meadows	2:06.45
3	1175 Michael Barber	Oak Bay Seco	2:02.23
4	1745 Kaelan House	Surrey Chris	1:59.71
5	1897 Richard Midgley	Walnut Grove	2:00.27
6	1879 Cameron Calbick	Walnut Grove	2:02.90
7	776 Jaxon Kuchar	JL Crowe	2:11.00
8	1133 Nolan McCleary	Nechako	2:12.32

Heat 2 of 4 Prelims

1	1171 Simone Masi	Notre Dame R	2:08.00
2	2034 Andrew Thomson	Yale Secondary	2:05.73
3	715 Brendan McLaughlin	Heritage Woo	2:02.22
4	1278 Adrian Engstler	Point Grey	1:55.30
5	1743 Jason Scherban	Summerland	2:00.29
6	1251 Cooper Langard	Parkland Sec	2:02.92
7	676 Jackson Davies	Handsworth	2:10.96
8	1138 Karl Arcadi	New Westmins	2:13.44

Heat 3 of 4 Prelims

1	1478 Khash Effatparver	Sardis School	2:08.59
2	631 Ian Robinson	Gladstone	2:04.78
3	2028 Amardeep Mann	Yale Secondary	2:00.84
4	986 Nico Aron	Maple Ridge	1:54.54
5	2017 Braden Kersey	Seaton	2:00.66
6	1206 Joe Robertson	Oak Bay Seco	2:03.62
7	1955 Brandon Gremaud	Westsyde Sec	2:09.42
8	1144 Ben Jansen-Budzik	New Westmins	2:18.37

Heat 4 of 4 Prelims

1	1587 Conrad Thummerer	Smithers Sec	2:08.29
2	1794 Matthew Zandberg	Unity Christ	2:05.71
3	1448 Josh Cox	STA	2:01.30
4	235 Keaton Heisterman	Brentwood Co	1:55.17
5	1542 Quinton Braziller	Sir Charles	2:00.52
6	473 Cyrus Urbanowicz	Dover Bay Se	2:03.02
7	621 Matthew Darley	George Elliot	2:10.90
8	1659 Yousef Mian	ST Thomas Mo	2:13.70

Event 14 Men 1500 Meter Run Senior**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 2 Prelims

1	1178 Jack Boden	Oak Bay Seco	4:02.63
2	1173 Jack Amos	Oak Bay Seco	4:10.24
3	1502 Michael Miller	Semiahmoo Se	4:11.17
4	1542 Quinton Braziller	Sir Charles	4:12.73
5	516 Jeremiah Mackie	Earl Marriot	4:14.63
6	2028 Amardeep Mann	Yale Secondary	4:18.52
7	348 Connor Block	Centennial C	4:18.91
8	303 Kosta Adzic	Burnaby Moun	4:22.10
9	1741 Keagan Ingram	Summerland	4:22.85
10	675 Jack Dannatt	Handsworth	4:23.44
11	2017 Braden Kersey	Seaton	4:23.49
12	979 Tyler Wilson	Lord Tweedsm	4:25.38
13	1958 Logan Hwang	Westsyde Sec	4:25.45
14	1752 John Kwon	Sutherland	4:27.04
15	272 Will Rice	Brooks Secon	4:32.94
16	1659 Yousef Mian	ST Thomas Mo	4:41.00

Heat 2 of 2 Prelims

1	235 Keaton Heisterman	Brentwood Co	4:04.35
2	333 Antoine Minfray	Carihi Secon	4:05.80
3	1940 Alexander Farlinger	West Van	4:11.48
4	594 Jaiveer Tiwana	Fleetwood Pa	4:12.11
5	1251 Cooper Langard	Parkland Sec	4:15.95
6	1412 Josh Woolgar	Richmond Chr	4:17.71
7	1088 Kevin Song	Mount Dougla	4:19.66
8	1731 Brost Jonah	Stellys	4:21.39
9	877 Riordan Miya	Kitsilano	4:22.92
10	159 Reid Johnston	Abbotsford S	4:22.97
11	1897 Richard Midgley	Walnut Grove	4:24.12
12	1628 Gage Paskiewich	Sparwood	4:25.00
13	1268 Sam Manke	Pitt Meadows	4:26.11
14	800 Michael Denman	Kelowna	4:26.54
15	1171 Simone Masi	Notre Dame R	4:34.40
16	475 Jordan Bax	DP Todd	4:40.58

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 54 Men 3000 Meter Run Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	333 Antoine Minfray	Carihi Secon	8:45.88
2	1412 Josh Woolgar	Richmond Chr	8:50.20
3	1178 Jack Boden	Oak Bay Seco	8:50.70
4	594 Jaiveer Tiwana	Fleetwood Pa	8:54.15
5	1502 Michael Miller	Semiahmoo Se	9:00.85
6	1940 Alexander Farlinger	West Van	9:01.88
7	1560 Dylan Uhrich	Sir Charles	9:05.63
8	516 Jeremiah Mackie	Earl Marriot	9:06.19
9	675 Jack Dannatt	Handsworth	9:08.16
10	1078 Liam Dwyer	Mount Dougla	9:08.70
11	348 Connor Block	Centennial C	9:13.09
12	1173 Jack Amos	Oak Bay Seco	9:13.97
13	266 Chris Fisher	Brooks Secon	9:18.20
14	1752 John Kwon	Sutherland	9:18.91
15	1088 Kevin Song	Mount Dougla	9:19.18
16	1731 Brost Jonah	Stellys	9:24.21
17	303 Kosta Adzic	Burnaby Moun	9:24.30
18	1741 Keagan Ingram	Summerland	9:28.85
19	1184 Findlay Day	Oak Bay Seco	9:29.00
20	878 Christian Petersen	Kitsilano	9:29.83
21	407 Jared Dehaan	Credo Christ	9:31.01
22	800 Michael Denman	Kelowna	9:36.93
23	124 Riley Hall	Abbotsford C	9:40.77
24	1958 Logan Hwang	Westsyde Sec	9:44.70
25	1628 Gage Paskiewich	Sparwood	9:47.90
26	1773 Caleb Graham	Unity Christ	9:48.22
27	1269 Evan Querengesser	Pitt Meadows	9:53.17
28	1486 Logan MacDonald	Sardis School	9:55.73
29	1608 Trevor Laupland	South Kam	9:56.41
30	475 Jordan Bax	DP Todd	10:19.62
31	1836 Konrad	Vancouver Co	11:26.10
32	620 Matthias Steiner	Fraser Lake	11:33.66
33	1839 Nico Quinn	Vancouver Co	11:53.10

Event 26 Men 110 Meter Hurdles Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	649 Owen Flynn	GP Vanier	17.70
2	1047 Kieran Kotwal	Mission Seco	17.59
3	1085 Noah Munro-Kagan	Mount Dougla	16.56
4	1068 Noah Russell	Mount Boucherie	15.41
5	1874 Nate Savage	W.J	15.66
6	1637 Conrad McCallum	St John's Sc	16.88
7	1145 Ryan Jensen	New Westmins	18.54
8	597 Dean Bennett	Fort Nelson	19.87

Heat 2 of 4 Prelims

1	2030 Daylan Nair	Yale Secondary	18.12
2	1888 Oliver Harrison	Walnut Grove	17.18
3	1747 Quinn Cameron	Sutherland	16.11
4	425 Ian Vandergugten	Credo Christ	15.02
5	156 David Williamson	Abbotsford C	15.99
6	1566 Andrew Feng	Sir Winston	17.14
7	1039 Peter Scholtens	Merritt	18.33

Heat 3 of 4 Prelims

1	416 Lucas Huttema	Credo Christ	17.75
2	2026 Jake Loverock	Yale Secondary	17.48
3	1532 Isaac Rogers	Seycove	16.34
4	1498 Aneel Gillan	Semiahmoo Se	15.40
5	220 Shane Stewart	Ballenas Sec	15.72
6	875 Luke Mantle	Kitsilano	17.04
7	1177 Finn Berezowski	Oak Bay Seco	18.40
8	892 Ethan Jensen	Lake City Se	20.26

Heat 4 of 4 Prelims

1	177 Jordan Irg	Alberni Dist	18.06
2	1840 Sean Ryan	Vancouver Co	17.37
3	1416 Connor Legg	Rockridge	16.20
4	1054 Harrison Trustham	Mission Seco	15.23
5	1713 Ben Charbonneau	St. John Bre	15.84
6	1817 Maxwell Baldwinson	Vancouver Co	17.06
7	987 Aiden Carelse	Maple Ridge	18.34
8	1989 Ryota Takahashi	White Rock C	22.70

Event 110 Men 400 Meter Hurdles Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	1738 Mckay Fraser	Sullivan Hei	1:06.18
2	1530 Luis Vazquez	Sentinel	1:04.19
3	875 Luke Mantle	Kitsilano	1:01.83
4	1713 Ben Charbonneau	St. John Bre	58.84
5	212 Spencer Bradbury	Ballenas Sec	1:01.17
6	177 Jordan Irg	Alberni Dist	1:03.96
7	1081 Yassin Guitouni	Mount Dougla	1:06.70
8	596 Bryson Bennett	Fort Nelson	1:26.09
Heat 2 of 4 Prelims			
1	1458 Evan Goldman	Salmon Arm S	1:06.22
2	762 Tucker Reed	Howe Sound	1:04.16
3	841 Markus Pantaleon	Killarney	1:01.80
4	739 Adam Vilio	Holy Cross R	58.45
5	1054 Harrison Trustham	Mission Seco	1:01.63
6	1888 Oliver Harrison	Walnut Grove	1:03.97
7	2026 Jake Loverock	Yale Secondary	1:06.24
8	1372 Felix Allen	RE Mountain	1:32.79

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Heat 3 of 4 Prelims...(Event 110 Men 400 Meter Hurdles**

1	1817 Maxwell Baldwinson	Vancouver Co	1:06.00
2	649 Owen Flynn	GP Vanier	1:04.65
3	994 Mathew Liosis	Maple Ridge	1:02.62
4	1068 Noah Russell	Mount Boucherie	58.90
5	837 Joseph Lucas	Killarney	1:00.72
6	2030 Daylan Nair	Yale Secondary	1:03.89
7	2031 David Price	Yale Secondary	1:06.91
8	1145 Ryan Jensen	New Westmins	1:15.44

Heat 4 of 4 Prelims

1	650 Zoltan Horvath	GP Vanier	1:04.97
2	1978 Nick Courter	White Rock C	1:04.94
3	1532 Isaac Rogers	Seycove	1:02.66
4	112 Evan Castellani	Abbotsford C	59.01
5	1490 Brendan Luccock	Seaquam Seah	59.76
6	156 David Williamson	Abbotsford C	1:02.96
7	1839 Nico Quinn	Vancouver Co	1:07.60
8	392 Christopher Henderson	Correliu	1:10.66

Event 34 Men 2000 Meter Steeplechase Senior

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

1	1269 Evan Querengesser	Pitt Meadows	6:56.26
2	1487 Taranpreet Mann	Sardis School	6:57.10
3	903 Jesse Boymook-Fisher	Langley Chri	7:03.63
4	301 Gavin Theys	Burnaby Cent	7:09.90
5	1530 Luis Vazquez	Sentinel	7:17.51
6	1393 Hayden Mallett	Revelstoke	7:21.77
7	1638 Luca Alberti	ST Thomas Mo	7:23.70
8	1531 Callum Owen	Seycove	7:27.58
9	207 Daniel Tyson	Argyle	7:33.10
10	1628 Gage Paskiewich	Sparwood	7:34.80
11	1705 Jerric Palma	St. George's	7:36.20
12	1379 Erik Brosch	Revelstoke	7:39.15
13	709 Lucas Lin	Heritage Christi	7:44.04
14	392 Christopher Henderson	Correliu	8:05.90

Section 2 of 2 Finals

1	1560 Dylan Uhrich	Sir Charles	6:06.24
2	594 Jaiveer Tiwana	Fleetwood Pa	6:08.86
3	1078 Liam Dwyer	Mount Dougla	6:14.14
4	266 Chris Fisher	Brooks Secon	6:24.35
5	715 Brendan McLaughlin	Heritage Woo	6:26.98
6	846 Daniel Soliven	Killarney	6:28.43
7	124 Riley Hall	Abbotsford C	6:28.88
8	1773 Caleb Graham	Unity Christ	6:33.02
9	878 Christian Petersen	Kitsilano	6:35.57
10	1741 Keagan Ingram	Summerland	6:39.48
11	587 Jacob Sanders	Esquimalt	6:40.15
12	469 Rylan Irving	Dover Bay Se	6:40.42
13	1505 Mark Potashov	Semiahmoo Se	6:42.57
14	877 Riordan Miya	Kitsilano	6:45.97
15	1084 Brendan Mackey	Mount Dougla	6:46.53
16	1155 Kirubel Bogale	North Delta	6:48.83
17	1252 Taiga Okamoto	Parkland Sec	6:50.57
18	324 Shea Janke	Burnaby Sout	6:54.80

Event 22 Men 4x100 Meter Relay Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Maple Ridge	A	46.58
2	Oak Bay Seco	A	46.11
3	Sir Winston	A	45.53
4	Walnut Grove	A	44.03
5	Unity Christ	A	45.13
6	A.R. MacNeil	A	45.91
7	Holy Cross R	A	47.04
8	Westsyde Sec	A	49.09

Heat 2 of 4 Prelims

1	Handsworth	A	46.23
2	Burnaby Cent	A	46.12
3	W.J	A	45.53
4	Vancouver Co	A	44.21
5	Killarney	A	44.97
6	Vancouver Co	B	45.87
7	Pinetree Sec	A	47.06
8	Mount Boucherie	A	48.76

Heat 3 of 4 Prelims

1	Mission Seco	A	46.20
2	Nanaimo Dist	A	46.14
3	Sardis School	A	45.70
4	Mount Dougla	A	44.33
5	Eric Hamber	A	44.93
6	Claremont	A	45.85
7	St. Andrews'	A	47.09
8	STA	A	47.89

Heat 4 of 4 Prelims

1	Seycove	A	46.75
2	Kelowna Secondar	A	46.11
3	Abbotsford C	A	45.28
4	R.A. McMath	A	44.00
5	Lord Tweedsm	A	45.20
6	ST Thomas Mo	A	46.02
7	Yale Secondary	A	46.99
8	King's Chris	A	49.30

Event 36 Men 4x400 Meter Relay Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

1	Mount Dougla	B	3:56.45
2	Handsworth	A	3:48.85
3	Sardis School	A	3:40.13
4	Unity Christ	A	3:33.21
5	Richmond Chr	A	3:37.69
6	Mission Seco	A	3:43.70
7	New Westmins	A	4:07.48

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Heat 2 of 4 Prelims...(Event 36 Men 4x400 Meter Relay**

1	Vancouver Co	A	3:59.10
2	Sir Charles	A	3:47.65
3	W.J	A	3:38.94
4	Walnut Grove	A	3:28.90
5	Mount Dougla	A	3:38.81
6	Seycove	A	3:44.29
7	Howe Sound	A	4:00.09

Heat 3 of 4 Prelims

1	Abbotsford C	A	3:55.31
2	ST Thomas Mo	A	3:50.10
3	Burnaby Cent	A	3:40.45
4	Killarney	A	3:35.40
5	Oak Bay Seco	A	3:37.46
6	Walnut Grove	B	3:43.25
7	Brockton	A	4:09.63

Heat 4 of 4 Prelims

1	Kelowna Secondar	A	3:54.92
2	St. Andrews'	A	3:50.12
3	Kitsilano	A	3:42.85
4	Maple Ridge	A	3:35.94
5	Abbotsford C	B	3:36.70
6	David Thomps	A	3:42.88
7	St. George's	A	4:10.49

Event 111 Men High Jump Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1202 Anthony Morris	Oak Bay Seco	1.75m
2	1073 Dante Carbone	Mount Dougla	1.70m
3	1705 Jerric Palma	St. George's	1.65m
4	104 Cole Brandsma	Abbotsford C	1.95m
5	283 Ryan Chao	Burnaby Cent	1.65m
6	914 Jake Schmidt	Langley Fine	1.85m
7	883 Thomas Van Alstine	Kitsilano	1.72m
8	94 Michae Li	A.R. MacNeil	1.65m
9	1282 Brandon Hulme	Prince Charles	1.70m
10	1840 Sean Ryan	Vancouver Co	1.65m
11	581 Kieran Moore	Eric Hamber	1.55m
12	989 Aiden Grout	Maple Ridge	2.06m
13	1450 Michael O'Flynn	STA	1.70m
14	620 Matthias Steiner	Fraser Lake	1.65m
15	234 Tony Else	Brentwood Co	1.70m
16	2024 Russell Gilroy	Yale Secondary	1.80m
17	1803 Bryson Mercer	Vancouver Ch	1.65m
18	756 Ryan Blasak	Howe Sound	1.65m
19	1494 Darren Ahn	Semiahmoo Se	1.70m
20	239 Ben Rossouw	Brentwood Co	1.75m
21	1825 Ryan Denman	Vancouver Co	1.70m
22	1037 Brody Pattison	Merritt	1.75m
23	1034 Bill Brewer	Merritt	1.75m
24	1176 Adam Benn	Oak Bay Seco	1.75m
25	1760 Liam Espedido	Terry Fox Se	1.85m
26	1795 Nolan Mao	University Hill	1.50m
27	502 Michael De Vries	Duncan Chris	1.70m
28	762 Tucker Reed	Howe Sound	1.65m
29	766 Javed Gill	Hugh McRober	1.70m
30	791 Braeden Muise	Kelly Road	1.60m

Event 71 Men Pole Vault Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	143 Caleb Tam	Abbotsford C	3.20m
2	1490 Brendan Luccock	Seaquam Seah	2.60m
3	1498 Aneel Gillan	Semiahmoo Se	3.50m
4	1688 James Rees	St. Andrews'	3.20m
5	1183 Isaac Clements	Oak Bay Seco	4.25m
6	756 Ryan Blasak	Howe Sound	3.10m
7	133 Logan Onderwater	Abbotsford C	3.80m
8	865 Micah Skinner	King's Chris	2.60m
9	869 Caleb Vander Kooi	King's Chris	2.60m
10	167 Adrian Price-Roberts	Aberdeen Hal	3.50m
11	783 Steen Rasmussen	John Barsby	3.50m
12	1080 Evan Guildford	Mount Dougla	3.20m
13	1747 Quinn Cameron	Sutherland	2.50m
14	1687 Nico Pryma	St. Andrews'	3.05m
15	1255 Isaiah Collins	Penticton High S	3.00m
16	1074 Dean Ciarniello	Mount Dougla	3.15m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program

Event 90 Men Long Jump Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	1460 Chase Henning	Salmon Arm S		5.83m
2	1841 Jason Soriano	Vancouver Co		6.26m
3	1416 Connor Legg	Rockridge		5.85m
4	411 Gavin Grim	Credo Christ		5.78m
5	865 Micah Skinner	King's Chris		6.24m
6	1825 Ryan Denman	Vancouver Co		6.58m
7	1074 Dean Ciarniello	Mount Dougla		6.01m
8	1070 Mitchell Steven	Mount Boucherie		5.97m
9	1421 Shungo Kishi	Royal Bay		6.18m
10	370 Blake Furtado	Claremont		6.02m
11	2024 Russell Gilroy	Yale Secondary		5.79m
12	1085 Noah Munro-Kagan	Mount Dougla		5.84m
13	237 Samuel Prokopchuk	Brentwood Co		6.05m
14	1255 Isaiah Collins	Penticton High S		5.76m
15	1576 Shane Young	Sir Winston		6.08m
16	1022 Dan Ko	Mei Secondar		5.82m
17	274 Drew Sundberg	Brooks Secon		6.02m
18	1410 Elijah Kim	Richmond Chr		6.29m
19	975 Ryan Pederson	Lord Tweedsm		6.45m
20	791 Braeden Muise	Kelly Road		5.39m
21	310 Brayden Kayode	Burnaby Moun		5.83m
22	756 Ryan Blasak	Howe Sound		5.84m
23	843 Nhat Ro'Mah	Killarney		5.67m
24	758 Hayden Fredericks	Howe Sound		5.82m
25	1008 Tavish Swets	McBride Seco		5.71m
26	1896 David Midgley	Walnut Grove		5.85m
27	1034 Bill Brewer	Merritt		5.50m
28	105 Drew Brandsma	Abbotsford C		5.93m
29	936 Braiden Boechler	Lord Byng		5.99m
30	1264 Jordan Mi	Pinetree Sec		6.10m
31	1899 Bob Nicol	Walnut Grove		5.81m
32	1872 Amani Pullar-Dyck	W.J		5.56m

Event 65 Men Triple Jump Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	1576 Shane Young	Sir Winston		11.88m
2	973 Liam Paige	Lord Tweedsm		11.01m
3	1122 Aidan Metz	Nanaimo Dist		12.05m
4	863 Isaiah Peterson	King's Chris		11.06m
5	1022 Dan Ko	Mei Secondar		11.98m
6	1587 Conrad Thummerer	Smithers Sec		9.75m
7	835 Josh Leung	Killarney		11.18m
8	1795 Nolan Mao	University Hill		11.56m
9	239 Ben Rossouw	Brentwood Co		12.38m
10	892 Ethan Jensen	Lake City Se		9.94m
11	104 Cole Brandsma	Abbotsford C		12.42m
12	1688 James Rees	St. Andrews'		12.01m
13	169 Yoshi Yamagamai	Aberdeen Hal		11.64m
14	1193 Ryan Kettlewell	Oak Bay Seco		12.22m
15	758 Hayden Fredericks	Howe Sound		11.98m
16	1450 Michael O'Flynn	STA		12.05m
17	406 Alex Deboer	Credo Christ		10.74m
18	1410 Elijah Kim	Richmond Chr		11.90m
19	1711 Owen Vandenberg	St. George's		11.52m
20	1693 Fernando Bouthillier	St. Ann's Ac		11.77m
21	268 Jerome Jessop	Brooks Secon		11.62m
22	769 Jacob Griffin	Imm		11.08m
23	1460 Chase Henning	Salmon Arm S		11.59m
24	225 Nick Kuzyk	BC Christian		11.41m
25	1841 Jason Soriano	Vancouver Co		12.79m
26	411 Gavin Grim	Credo Christ		12.55m
27	274 Drew Sundberg	Brooks Secon		13.12m
28	90 Omar Abumalouh	A.R. MacNeil		12.05m
29	317 Alastair Yeung	Burnaby Moun		11.64m
30	1523 Brendan Han	Sentinel		10.94m
31	1773 Caleb Graham	Unity Christ		10.92m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 100 Men Shot Put 6 kg Senior**

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	1563 Iqam Bhandal	Sir Winston		12.03m
2	1002 Alex Cafilisch	Maria Montes		9.88m
3	1072 Aiden Bertuzzi	Mount Dougla		10.25m
4	1040 Nicolas Willey	Merritt		9.98m
5	123 Blake Flikkema	Abbotsford C		11.38m
6	1066 Aleksander Kobryn	Mount Boucherie		10.15m
7	259 Keagan Abbott	Brooks Secon		11.78m
8	188 Pietro Carnivale	Alpha Second		10.40m
9	1148 Nazario Rivas	New Westmins		9.88m
10	671 Theo Benedet	Handsworth		11.64m
11	1593 Riley Gookstetter	South Delta		10.92m
12	1700 Josh Edra	St. George's		10.93m
13	729 Kevin Apdal	Holy Cross R		10.25m
14	1669 Jack Wagner	ST Thomas Mo		12.26m
15	395 Ian Mancor	Correliou		11.28m
16	1498 Aneel Gillan	Semiahmoo Se		11.35m
17	1073 Dante Carbone	Mount Dougla		10.19m
18	270 Scott McKenzie	Brooks Secon		10.99m
19	1842 Hayden Tuba	Vancouver Co		12.68m
20	1831 Ryan Hsiao	Vancouver Co		11.05m
21	651 Alexander Julien	GP Vanier		11.39m
22	125 James Henn	Abbotsford C		10.47m
23	1026 Ethan Ludwig	Mei Secondar		10.82m
24	1515 Chris Beattie	Sentinel		10.67m
25	1413 Jarrett Chong	Riverside Se		14.98m
26	1035 Leif Ellingsen	Merritt		10.10m
27	392 Christopher Henderson	Correliou		8.27m
28	1642 Kaishaun Carter	ST Thomas Mo		11.90m
29	912 Zachariah Wergeland	Langley Chri		10.74m
30	349 Harry Oscovai	Centennial C		8.97m
31	1376 Matthew Arnold	Revelstoke		11.07m

Event 66 Men Discus Throw 1.75 kg Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	92 Oscar Hung	A.R. MacNeil		22.27m
2	1430 Dwight Cuadra	Rutland Senior S		30.42m
3	395 Ian Mancor	Correliou		32.65m
4	716 Michael Yoo	Heritage Woo		27.71m
5	710 Michael Schewa	Heritage Christi		30.71m
6	243 Matthew Benedet	Brockton		28.13m
7	901 Connor Turnbull	Lambrick Par		30.73m
8	1017 Rajvir Brar	Mei Secondar		31.24m
9	172 Yanick Contant	Alberni Dist		33.89m
10	912 Zachariah Wergeland	Langley Chri		34.70m
11	1892 Viktor Kim	Walnut Grove		33.97m
12	1450 Michael O'Flynn	STA		30.08m
13	970 Dakota Lepine	Lord Tweedsm		27.05m
14	697 Scott Watson	Handsworth		23.28m
15	1768 Jacob Taylor	Twin Rivers		30.87m
16	259 Keagan Abbott	Brooks Secon		35.17m
17	96 Usman Tung	A.R. MacNeil		26.28m
18	1073 Dante Carbone	Mount Dougla		30.45m
19	1040 Nicolas Willey	Merritt		30.06m
20	1255 Isaiah Collins	Penticton High S		32.69m
21	754 Josh Ogren	Hope Seconda		30.62m
22	270 Scott McKenzie	Brooks Secon		29.45m
23	1829 Bennet Harris	Vancouver Co		35.54m
24	1842 Hayden Tuba	Vancouver Co		35.07m
25	1830 Noah Hochfelder	Vancouver Co		31.24m
26	135 Damian Panko	Abbotsford C		35.89m
27	500 Max Schonewille	Duchess Park		33.50m
28	1127 Tosh Paziuk	Nanaimo Dist		28.71m
29	1104 Lazlo Decourcy	Nakusp		25.83m
30	1413 Jarrett Chong	Riverside Se		39.47m
31	1563 Iqam Bhandal	Sir Winston		35.74m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna
Meet Program**Event 112 Men Hammer Throw 6 kg Senior**

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1053 Bradly Tober	Mission Seco	28.61m
2	259 Keagan Abbott	Brooks Secon	33.82m
3	781 Ethan Katzberg	John Barsby	56.42m
4	668 Farbod Alirazaee	Handsworth	14.94m
5	896 Quinten Ferris	Lambrick Par	28.12m
6	1376 Matthew Arnold	Revelstoke	47.77m
7	671 Theo Benedet	Handsworth	23.21m
8	1829 Bennet Harris	Vancouver Co	36.24m
9	135 Damian Panko	Abbotsford C	32.59m
10	125 James Henn	Abbotsford C	29.22m
11	1830 Noah Hochfelder	Vancouver Co	34.30m
12	1768 Jacob Taylor	Twin Rivers	31.18m
13	1026 Ethan Ludwig	Mei Secondar	36.25m
14	500 Max Schonewille	Duchess Park	39.53m
15	1017 Rajvir Brar	Mei Secondar	44.89m
16	395 Ian Mancor	Correliou	30.22m
17	270 Scott McKenzie	Brooks Secon	32.07m
18	653 Tyler Ryan	GP Vanier	25.45m
19	1024 Daniel Krasnov	Mei Secondar	29.13m
20	349 Harry Oscovai	Centennial C	18.96m
21	753 Griffin Blue	Hope Seconda	24.66m
22	1066 Aleksander Kobryn	Mount Boucherie	20.58m
23	1984 Evan Murray	White Rock C	15.60m
24	2004 Colby Lalonde	Windsor - No	28.45m
25	1563 Iqam Bhandal	Sir Winston	50.54m
26	1866 Arun Bhangu	W.J	19.93m
27	1052 Adon Sawchuk	Mission Seco	19.60m

Event 60 Men Javelin Throw 800 gram Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	998 Elliott Payne	Maple Ridge	53.62m
2	1768 Jacob Taylor	Twin Rivers	55.75m
3	500 Max Schonewille	Duchess Park	40.31m
4	243 Matthew Benedet	Brockton	38.80m
5	709 Lucas Lin	Heritage Christi	31.55m
6	217 Gabriele Flore	Ballenas Sec	39.81m
7	1734 Evan De Souza	Steveston Lo	38.49m
8	786 Noah Slotman	John Knox Ch	38.27m
9	313 Thomas Luong	Burnaby Moun	46.12m
10	274 Drew Sundberg	Brooks Secon	39.79m
11	1413 Jarrett Chong	Riverside Se	50.38m
12	1762 Jake McFarland	Terry Fox Se	39.58m
13	1666 Sam Steele	ST Thomas Mo	39.62m
14	721 Josiah Gamlak	Highroad Aca	40.07m
15	651 Alexander Julien	GP Vanier	52.73m
16	1035 Leif Ellingsen	Merritt	32.92m
17	1911 Paul Smit	Walnut Grove	48.39m
18	826 Dorian Hernandez	Killarney	40.50m
19	758 Hayden Fredericks	Howe Sound	33.83m
20	1842 Hayden Tuba	Vancouver Co	39.06m
21	125 James Henn	Abbotsford C	44.78m
22	848 Daniel Sun	Killarney	38.25m
23	1955 Brandon Gremaud	Westsyde Sec	39.68m
24	1767 Casey Klettke	Timberline S	49.91m
25	1044 Tanner Geringer	Mission Seco	48.48m
26	693 Sean Shan	Handsworth	40.54m
27	135 Damian Panko	Abbotsford C	38.21m
28	1576 Shane Young	Sir Winston	40.68m
29	647 Jaden Barr	GP Vanier	41.00m
30	1177 Finn Berezowski	Oak Bay Seco	41.48m

2019 BC HS Track & Field Championship - 5/30/2019 to 6/1/2019

Apple Bowl, Kelowna

Meet Program

Event 44 Men 1500 Meter Race Walk Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	979 Tyler Wilson	Lord Tweedsm	7:05.86
2	844 Jonas Sherlock	Killarney	7:30.20
3	846 Daniel Soliven	Killarney	7:33.20
4	850 Johnny Tse	Killarney	7:33.87
5	153 Brendan Visser	Abbotsford C	7:40.21
6	827 Peter Jeong	Killarney	8:09.50
7	243 Matthew Benedet	Brockton	8:09.86
8	114 Levi De Greeff	Abbotsford C	8:41.94
9	868 Kaleb Sutherland	King's Chris	8:44.89
10	1846 Heath Yee Fung	Vancouver Co	8:56.00
11	1081 Yassin Guitouni	Mount Dougla	9:14.39
12	418 Len Leguijt	Credo Christ	9:21.15
13	331 Gian Bellosillo	Carihi Secon	9:21.77
14	1784 Wilclair Neufeld	Unity Christ	9:24.49
15	251 Brody O'Day	Brockton	9:37.43
16	250 Eoin MacFarlane	Brockton	9:37.45
17	1701 Matt Kindrachuk	St. George's	11:37.60
18	1136 Joshua Alfonso	New Westmins	12:35.10
19	1152 Nick Van Gruen	New Westmins	12:45.40
20	596 Bryson Bennett	Fort Nelson	14:03.87

Event 151 Men Shot Put Special O

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	1446 John Benedict Diego	Saint John P	6.85m
2	1157 Ryland Mallari	North Delta	7.41m
3	91 Aziz Aburegeba	A.R. MacNeil	5.10m
4	1769 Jonathan Boutilier	Unity Christ	6.21m
5	1310 Chima Obi Nzeadibe	Princess Mar	6.05m
6	593 K'Nyaw Saw	Fleetwood Pa	4.01m

Event 152 Men 100 Meter Run Special O**Top 8 Advance by Time**

Lane	Name	Team	Seed Time
Heat 1 of 1 Prelims			
1	963 Brandon Vanderluit	Lord Byng	18:03.00
2	1769 Jonathan Boutilier	Unity Christ	17.94
3	1157 Ryland Mallari	North Delta	14.20
4	1345 Joshua Tilsner	Quesnel JR S	12.90
5	1310 Chima Obi Nzeadibe	Princess Mar	13.88
6	909 Ryerson Shelvey	Langley Chri	15.84
7	505 Rajan Hayer	Duncan Chris	NT
8	91 Aziz Aburegeba	A.R. MacNeil	NT

Event 154 Men 400 Meter Run Special O**Top 8 Advance by Time**

Lane	Name	Team	Seed Time
Heat 1 of 1 Prelims			
1	1769 Jonathan Boutilier	Unity Christ	1:29.44
2	909 Ryerson Shelvey	Langley Chri	1:24.19
3	1310 Chima Obi Nzeadibe	Princess Mar	1:13.68
4	1345 Joshua Tilsner	Quesnel JR S	58.92
5	1157 Ryland Mallari	North Delta	1:05.56
6	963 Brandon Vanderluit	Lord Byng	1:15.03
7	91 Aziz Aburegeba	A.R. MacNeil	NT